



DR. HARSHIT MALHOTRA

Associate Consultant - Vascular Surgery

Qualification

MBBS (Gold Medalist) | DNB (General Surgery) | DrNB (Vascular and Endovascular Surgery)

Overview

Dr Harshit Malhotra is a highly accomplished Vascular and Endovascular Surgeon in Delhi, known for his expertise in managing complex vascular disorders with precision and compassion. With a strong academic foundation and extensive clinical experience, he has established himself as a trusted vascular surgeon in Delhi, providing comprehensive care for conditions affecting the arteries, veins, and lymphatic system. His practice reflects a balance of advanced surgical skill, evidence-based medicine, and a patient-first approach. Dr Malhotra has been extensively trained in both open vascular surgery and modern endovascular techniques, enabling him to deliver personalised treatment plans tailored to each patient's condition and overall health status. His clinical interests span the management of peripheral arterial disease, critical limb ischemia, arterial aneurysms, carotid artery disease, and complex vascular trauma. He also has significant experience in treating venous disorders such as varicose veins, deep vein thrombosis, and chronic venous insufficiency, using minimally invasive approaches whenever feasible to reduce recovery time and improve outcomes. He completed his MBBS and postgraduate

training in General Surgery, followed by super-speciality training in Vascular and Endovascular Surgery. Throughout his career, he has remained actively engaged in continuing medical education, keeping pace with evolving techniques and innovations in vascular care. His exposure to high-volume tertiary centres has further strengthened his ability to manage high-risk and complex cases with confidence. What sets Dr Malhotra apart is his clear communication style and commitment to informed decision-making. He believes in educating patients and their families about the nature of their condition, available treatment options, and expected outcomes, empowering them to participate actively in their care journey. His emphasis on minimally invasive solutions, where clinically appropriate, reflects his goal of achieving optimal results with minimal disruption to patients' lives. As a vascular surgeon in Delhi, Dr Harshit Malhotra continues to contribute to improving vascular health outcomes through meticulous care, ethical practice, and a strong focus on long-term patient well-being.

Fellowship & Membership

- Vascular Society of India.

Field of Expertise

- Management of Peripheral Arterial Disease (Acute & Chronic limb Ischemia) - Open Surgery (Thrombo-Endarterectomy and Embolectomy) or Endovascular Techniques (Angiography/Angioplasty/Stenting/Thromboaspiration/Thrombolysis)
- Arterial Bypass Procedures (Femoro-popliteal, Femoro-distal, Aorto Bi-Femoral) using Autologous Vein / Synthetic Grafts
- Varicose Veins Management - Minimal Invasive Techniques (Endovenous Laser/Radiofrequency/Glue ablation using

- Venaseal), Sclerotherapy and Open Surgery
- Venous Thromboembolism Management (Deep Vein Thrombosis/Pulmonary Embolism) - Catheter-directed Directed Thrombolysis/Thromboaspiration/Stenting/ IVC Filter Insertion & Removal
- Diabetic Foot Management - Chronic Wound Management, Endovascular Interventions and Open Surgery for foot salvage
- Vascular Access Creation and Salvage for Dialysis in Chronic Kidney Disease - AV fistulas, AV grafts, Basilic Vein Transposition, Tunnelled catheters (permcaths) & Management of their complications (Fistuloplasty/Central Venoplasty/Stenting)
- Ultrasound and Fluoroscopy Guided placement of Vascular Access Chemoport, Dialysis Catheter, Permcath, PICC line and Hickman's line
- Aortic Aneurysms Management- Thoracic and Abdominal Aortic Endovascular (TEVAR) (EVAR) and Open Repair
- Emergency/Routine Management of Arterial Dissections including Thoracic and Abdominal Aortic Dissections
- Vascular Trauma Management - Open Surgical / Endovascular Repair of Arteries and Veins
- Management of Peripheral and Central Venous Occlusions- Balloon Angioplasty / Stenting
- Management and Prevention of Stroke - Carotid Endarterectomy/Stenting
- Angioembolisation for Management of Congenital Arterio-Venous Malformations/Vascularized or Bleeding Tumors
- Complex Endovascular Procedures
- Hybrid Procedures - Combining Open and Endovascular Surgical Procedures
- Cervical Rib Excision for Thoracic Outlet Syndrome
- Uterine Artery Embolization for Uterine Fibroids
- Mesenteric Artery Angioplasty/Stenting

- Lymphedema management

Languages Spoken

- English
- Hindi
- Punjabi

Awards & Achievements

- Awarded GOLD MEDAL in General Surgery (2016, MBBS) (Late Smt. Shibagamma Godhi Gold Medal).

Talks & Publications

- An Observational Study to Evaluate Clinical Outcomes and Effectiveness of Thromboaspiration for Acute Thrombotic Occlusion of Limb Vessels. – Research Thesis.
- Presentation: Midterm Vascular Surgery Conference 2021, Goa.
- Participated as a Part of Organizing Committee Wounds 2020 Conference, Delhi.
- Participated as a Part of Organizing Committee Cidaap-2021, 2022 Conference, Gurugram.
- Vascular Experts Join the Medical Team of Manipal Hospitals, Gurugram to Treat Problems Affecting Blood Vessels | APN News. [Click Here](#)