



DR. ASTHA SHARMA

Consultant - Dermatology

Qualification

MBBS | MD

Overview

With over 12 years of extensive clinical experience, Dr Astha Sharma is a highly respected and trusted name in the field of Dermatology, Dermatotomy, Lasers, and Aesthetic Medicine. She is known for her clinical precision, ethical medical practice, and compassionate approach to patient care. Dr Sharma firmly believes in combining evidence-based medicine with a personalised treatment approach, ensuring that every patient receives care that is both scientifically sound and individually tailored. Dr Sharma has extensive expertise in managing a wide spectrum of dermatological conditions, including acne, eczema, psoriasis, pigmentation disorders, hair loss, nail disorders, and chronic skin diseases. Her diagnostic accuracy and methodical treatment planning help patients achieve long-term skin health and sustained results. She emphasises patient education and preventive care, empowering individuals to understand their skin conditions and treatment options clearly. In addition to clinical dermatology, Dr Astha Sharma is highly skilled in advanced dermatosurgical procedures, performed with precision and safety. She also has significant expertise in laser-based treatments, offering

solutions for skin rejuvenation, scar reduction, acne scars, pigmentation, vascular lesions, and laser hair removal. Her approach to laser therapy focuses on achieving natural-looking results while maintaining the highest safety standards. Dr Sharma has a strong interest in anti-ageing and aesthetic medicine, providing customised treatments that enhance natural beauty while preserving facial harmony. Her services include non-surgical anti-ageing therapies and aesthetic enhancements that deliver subtle, refined, and long-lasting outcomes. She carefully evaluates each patient's concerns and goals before recommending suitable aesthetic procedures. Known for her clinical precision and compassionate patient care, Dr Sharma combines scientific expertise with a patient-centric approach to deliver effective, long-lasting results. Whether you are managing a persistent skin issue or exploring aesthetic treatments, Dr Astha Sharma provides a thoughtful blend of science, skill, and care—making her one of the most sought-after dermatologists in Delhi, trusted by patients for both medical and aesthetic dermatology needs.

Fellowship & Membership

- IADVL training fellowship in aesthetics and lasers at ARV Aesthetics, Gurgaon.

Field of Expertise

- Clinical Dermatology
- Lasers

Languages Spoken

- Hindi
- English

Awards & Achievements

- 2nd prize in the state-level quiz in Dermazone West 2015.
- 2nd prize in a paper competition in Rajasthan Cuticon 2018.

Talks & Publications

- Faculty in aesthetics in 2020 (LHR the ever-changing scenario with live demonstration).
- Mittal A, Sharma A. Development of B cell lymphoma in a patient of psoriasis treated with long term, low dose, intermittent methotrexate therapy. Interesting Cases in Dermatology: Vol 3 IJCP Publication.
- Mittal A, Sharma A, Gupta K, Gupta LK, Khare AK. A hairy plaque over the upper back in a young child. Indian J Dermatol 2017;62:223-5.
- Sharma A, Gupta LK, Balai M, Khare AK. Lipoid proteinosis: A series of three cases. Indian J Paediatr Dermatol 2018;19:170-2.
- Sharma A. Capecitabine Induced Hand-Foot Syndrome. Indian Journal of Clinical Dermatology 2018;1:89-90.
- Sharma A, Khare AK, Gupta LK, Mittal A, Mehta S, Balai M. A clinicoepidemiological study of patients with lichen planus and associated metabolic complications at a tertiary care centre. Our Dermatol Online. 2021;12(e):e6.
- Ganjoo A, Sharma A. Reactive arthritis. Postgraduate dermatology: Vol2. Chapter 133.