

DR. ANURAG SAXENA

Cluster Head Delhi / NCR - Department of Neurosurgery & Consultant Spine Surgeon

Qualification

MBBS (Gold Medallist) | MS | MCh (Neurosurgery) | FRCS (Ed) Neurosurgery (UK)

Overview

Dr. Anurag Saxena is a highly skilled and experienced neurosurgeon, currently serving as the Cluster Head of the Department of Neurosurgery at Manipal Hospitals in Dwarka, New Delhi. With over 20 years of experience in the field, Dr. Saxena is known for his expertise in handling complex neurological conditions and performing advanced surgical procedures. He is the Best neurosurgeon in Delhi. He earned his MBBS from Devi Ahilya Vishwavidyalaya in 2002, followed by an MS in General Surgery from the same university in 2006. He earned his MCh in Neurosurgery from Delhi University in 2010. His commitment to furthering his knowledge and skills is evident from his numerous fellowships, including those in spine surgery, pediatric neurosurgery, and general neurosurgery from prestigious institutions in the UK. At Manipal Hospitals, Dr. Saxena is not only a clinician but also a leader in research and education. He has been instrumental in advancing medical practices and knowledge in neurosurgery. His clinical interests are diverse, covering areas such as microneurosurgery, minimally invasive brain and spine surgeries, hydrocephalus treatment, pediatric

neurosurgery, neuro-oncology, cerebrovascular surgeries, and functional and complex spine surgeries. Dr. Saxena is a respected figure in the medical community, frequently sharing his insights and expertise through various media outlets. He has been featured in numerous publications, discussing topics such as the impact of physical activity on brain health, the importance of timely treatment for brain tumours, and the management of complex neurological conditions. Fluent in both English and Hindi, Dr. Saxena is known for his compassionate approach to patient care. He ensures that his patients receive personalized and comprehensive treatment, tailored to their specific needs. His commitment to excellence and extensive experience make him a trusted and sought-after neurosurgeon in Delhi. Dr. Anurag Saxena’s profile highlights his dedication, expertise, and leadership in the field of neurosurgery, making him an invaluable asset to Manipal Hospitals and the broader medical community. His work continues to make a significant impact on the lives of his patients, providing them with the highest standard of care and improving their quality of life.

Fellowship & Membership

- Fellowship in Spine surgery, Lancashire Teaching Hospital, Preston (U.K).
- Fellowship in Paediatric Neurosurgery, Royal Liverpool Alder Hey Children's Hospital. Liverpool (U.K).
- Fellowship in Neurosurgery, Royal College of Surgeons of Edinburgh (U.K).
- Senior Clinical Fellow Neurosurgery, University Hospital of Wales, Cardiff, U.K.
- Society of British Neurological Surgeries.
- Royal College of Surgeries of Edinburgh (U.K).
- Neurological Society of India.
- Delhi Neurological Association.

- Indian Society of Paediatric Neurosurgery.

Field of Expertise

- Microneurosurgery
- Minimally invasive brain surgeries
- Minimally invasive spine surgeries
- Hydrocephalus treatment (Endoscopic and CSF diversion)
- Paediatric neurosurgery (brain, spine and CVJ craniofacial)
- Neuro-Oncology (brain and spine tumours)
- Cerebrovascular Surgeries
- Functional & complex spine surgeries
- Motion preservation spine surgeries
- Endoscopic brain surgeries
- Endoscopic spine surgeries
- Skull base neurosurgery
- Peripheral nerve surgeries
- Pain management
- Trigeminal Neuralgia

Awards & Achievements

- “Excellence in Health Care Award” in Neurosurgery 2018.
- Research work published as an original research article by the British Journal of Neurosurgery.
- Expert Panel for neurosurgery- Educational Society of Bedside Intensive Care Medicine (ESBICM).
- Neurosurgical Quiz Competition winner in DNACON 2010 at Sir Ganga Ram Hospital, New Delhi, India.
- Award for Paper presentation on “Role of Endoscopic Third Ventriculostomy in cases of Blocked Ventriculo-Peritoneal Shunt” at DNACON 2009 at AIIMS New Delhi, India.

- Gold Medal for securing the first position in the Surgical Quiz competition in the MP state chapter meeting of the Association of Surgeons of India.
- Devi Ahilya Vishwavidyalaya (DAVV) Certificate of Merit and Medal for obtaining a position in merit in MBBS (DAVV University, Indore).
- Dr. B.S. Mehta Gold Medal (DAVV University, Indore) for the first position in ENT (2001).
- Gold Medal (MGM Medical College, Indore) for distinction in ENT(2001).
- Gold Medal (MGM Medical College, Indore) for securing the first position in Forensic Medicine(2000).

Talks & Publications

- ROLE OF NEUROSURGEON IN MANAGEMENT OF STROKE - Teaching lecture - Stroke Symposium, Narayana Superspeciality Hospital, Gurugram 2019.
- PEDIATRIC NEUROSURGERY - WHAT TO SEE AND WHEN TO REFER - Invited Guest Lecture - Indian Association of Pediatricians, Gurugram Chapter meet 2019.
- EXCISION OF SPINAL LIPOMA - “HOW DO I DO IT” - Delhi Neurological Association Annual Conference, New Delhi 2019.
- RECENT ADVANCES IN SPINAL SURGERY - “CENTRAL INDIA PERSPECTIVE” - Invited Guest lecturer in Association of Surgeons on India (ASI) Indore City chapter meet 2017.
- ENDOSCOPIC THORACIC SYMPATHECTOMY - Second Instructional Course in Neurosurgery (Endoscopic Cranial and Spinal Surgery) 7th - 8th Nov 2014, GB Pant Hospital New Delhi, India.
- IDIOPATHIC SYRINGOMYELIA - THE ALDER HEY EXPERIENCE SBNS Annual Conference, April 2012, Aberdeen, U.K.

- IDIOPATHIC SYRINGOMYELIA - ANALYSIS OF 30 CASES Spine Week, May 2012, Amsterdam, Netherlands.
- MANAGEMENT OPTIONS FOR HYDROMYELIA GB Pant Hospital, New Delhi 2011.
- Endoscopic observations of blocked ventriculoperitoneal (VP) shunt are a step toward a better understanding of shunt obstruction and its removal. British Journal of Neurosurgery, October 2012, Vol. 26, No. 5: Pages 747-753.
- Idiopathic Syringomyelia- Alder Hey experience. British Journal of Neurosurgery, April 2012, Volume 26, No.2, pg169.
- Treatment of Keloids and Hypertrophic Scars using Bleomycin- Journal of Cosmetic Dermatology 2008 Mar; 7(1):43-49 (original article).
- Dr. Anurag Saxsena says Brain Fog persists as one of the new post covid symptoms in TIMES OF INDIA.Click Here
- Dr Anurag Saxsena speaks about Back and cervical pain being on the rise post-COVID pandemic while conducting a OPD in Indore covered in media. Click Here
- Dr. Anurag Saxena Neurosurgeon from HCMCT Manipal Hospitals to visit Indore for a special OPD on 27th May. Click Here
- THE RIGHT DOSE Series: Dr. Anurag Saxena on " Is Our Young Generation Growing Up with Neurosurgical Issues".Click Here
- Dr. Anurag Saxena on a challenging case study of a young Iraqi girl suffering from Moyamoya in The Times of India today.Click Here
- Dr. Anurag Saxena on challenging neurosurgery on a 60-year-old giving her a new lease of life after doctors perform brain surgery while keeping her awake in TOI. Click Here
- Dr. Anurag Saxena on World Brain Tumour Day 2023: Understanding The Significance Of Timely Treatment | NDTV.com | Exclusive story. Click Here
- Understanding the link between Brain Tumour and movement

disorder | Dr. Anurag Saxena | Manipal Hospitals, Dwarka. Click Here