



DR. SAURABH VERMA

HOD and consultant - Spine Surgery

Qualification

MBBS | M.S Orthopedics | Dip. Anesthesia | Fellowship in SPINE, New Delhi D.N.B. (Orthopaedic Surgery) | Fellowship in spine surgery NUH, Singapore

Fellowship & Membership

- Member, Asia Pacific Orthopaedics Association
- Lifetime Member, Association of Spine Surgeons of India
- Associate Member, Indian Orthopaedic Association
- Associate Member, Delhi Orthopedic Association
- Lifetime Member, ISKSSA
- ISCoS Member
- ISCoS Member
- Member, Editorial Committee of the 1st Edition ISCoS Textbook on Comprehensive Management of Spinal Cord Injuries (2015), published by Wolters Kluwer
- Member, Organizing Committee of ISSICON 2015, International Spine and Spinal Injuries Conference by Spinal Cord Society
- Member, Organizing Committee of ASSI Live Spine Surgery Course, July 2016

Field of Expertise

- Deformities of Spine
- Minimally invasive Spine Surgery
- Degenerative Spine Disorders
- Spine Trauma

Languages Spoken

- English
- Hindi

Talks & Publications

- Manipal Hospitals Dwarka: Dr Saurabh Verma says maintain a good posture to help keep back pain at bay & incorporate simple exercises in your daily routine in an authored article to DNA [Click Here](#)
- Dr Saurabh Verma in an exclusive authored article says walking 40 minutes daily walk will relieve back pain ahead of World Spine day today in Dainik Jagran [Click Here](#)
- Dr. Saurabh Verma in an authored article on how our muscles are stiff due to decreased blood flow in th espine chilling cold weather in the Capital in THE PIONEER. [Click Here](#)
- Dr Saurabh Verma in an authored article on Is There A Link Between Spine And Thyroid Problems?| The Healthsite (Zee Digital). [Click Here](#)

