

DR. SHIVANI JHA

Senior Associate - Physiotherapist

Qualification

BPT | MPT (specialised in Cardio-Pulmonary sciences)

Overview

Dr. Shivani Jha is a dedicated and experienced physiotherapy professional specialising in cardio-pulmonary rehabilitation, critical care, and preventive health. She is currently practising as a Senior Associate – Physiotherapy at Manipal Clinics, Sarjapur Road, Bengaluru. She holds a Bachelor of Physiotherapy (BPT) and a Master of Physiotherapy (MPT) with a specialisation in Cardio-Pulmonary Sciences. She has extensive clinical experience working with patients across various disciplines, including cardiology, pulmonology, and oncology, and is particularly experienced in handling heart and lung transplant cases and ICU-based rehabilitation. Her approach is rooted in evidence-based practice, and she actively contributes to research and academic discussions. Dr. Jha also provides preventive healthcare through counselling and lifestyle modification strategies. Her procedural and manual therapy skills include cupping and IASTM techniques. A lifetime member of the Indian Association of Physiotherapists, she is also certified in Basic Life Support. Dr. Jha is fluent in English and Hindi, with a working knowledge of Kannada, allowing her to provide empathetic and holistic care to a diverse

patient base.

Languages Spoken

- Hindi
- English
- Kannada

Awards & Achievements

- Did a Platform presentation of the Study titled “Women-focused cardiac rehabilitation in India—an urgent need, at the Eighth Annual Conference of the Society of Indian Physiotherapists.
- Chandigarh, 9th March, 2024. Completed the thesis titled “Determination of the proportion of individuals with Urinary Incontinence (UI) among the population with Obstructive Airway Diseases (OAD) - An observational study.
- Completed an outposting in a Heart and Lung Transplant Specialised Hospital in Hyderabad.

Talks & Publications

- Did a Platform presentation of the Study titled “Women-focused cardiac rehabilitation in India—an urgent need, at the Eighth Annual Conference of the Society of Indian Physiotherapists, Chandigarh, 9th March 2024."