

DR. VARSHA C B

Consultant - Dermattology

Qualification

MBBS | DDVL

Overview

Dr. Varsha C B is a distinguished dermatologist in Bangalore. She is currently practising as a dermatology consultant at Manipal Clinics Sarjapur Road, Bangalore, and she has a comprehensive background in dermatology and an extensive array of clinical expertise. Her journey is marked by a deep commitment to patient care, ongoing learning, and a passion for advancing dermatological practices. She completed her MBBS from Karnataka Institute of Medical Sciences, laying the foundation for her medical career. Her pursuit of excellence continued with a postgraduate diploma in Dermatology, Venereology, and Leprosy (DDVL) from Bangalore Medical College and Research Institute (BMCRI). Besides, she is an active member of several professional organisations, including the Indian Association of Dermatologists, Venereologists and Leprologists (IADVL), and the Bangalore Dermatological Society (BDS), reflecting her commitment to staying at the forefront of dermatological advancements. With a special interest in clinical dermatology, cosmetology, trichology, and paediatric dermatology, Dr. Varsha has cultivated a diverse skill set to address a broad spectrum of skin conditions. Her clinical expertise encompasses

a wide range of dermatological procedures and treatments, including chemical peeling, platelet-rich plasma (PRP) therapy for scalp and face, microdermabrasion, dermaroller therapy, microneedling RF, electrocautery, radiofrequency treatments, and various laser therapies for hair removal, tattoo removal, and acne scar treatment. She is also proficient in performing skin rejuvenation procedures like Botox, among other advanced dermatological interventions. Dr. Varsha's academic contributions include notable presentations at various national dermatological conferences. She has conducted a short study on the prevalence of diabetes mellitus in oral lichen planus patients at a tertiary care centre at BMCRI and presented a poster on the Reverse Koebner Phenomenon post-bullous drug eruption at the Cuticon State Conference in 2018. These contributions underscore her dedication to advancing dermatological knowledge and her commitment to research and evidence-based practices. Moreover, being multilingual, Dr. Varsha can easily communicate with a diverse Kannada, English, and Hindi patient base. Her compassionate patient care approach emphasises listening to her patients with patience and empathy. She believes in educating her patients about their conditions and the treatment process, ensuring that they are well-informed and involved in their care decisions. Her ability to connect with patients and provide them with tailored, effective treatment plans makes her a trusted and respected dermatologist. Dr. Varsha’s professional journey reflects a blend of academic excellence, clinical proficiency, and a genuine commitment to patient well-being, making her a distinguished figure in the field of dermatology.

Field of Expertise

- Clinical Dermatology
- Cosmetology
- Trichology
- Pediatric Dermatology

Languages Spoken

- Kannada
- English
- Hindi

Talks & Publications

- Oral presentation in 21ST Dermazone South and 8th Cuticon, Mangalore, Karnataka, 2017 (Topic: case report on face toddler excoriation syndrome (MiTES)).
- Oral presentation in Dermacon 2018, Kochi, Kerala (Topic: Case report on camisa syndrome, an ichthyosiform variant of Vohwinkel syndrome).
- A short study on the Prevalence of Diabetes mellitus in oral lichen planus patients attending tertiary care centre at BMCRI.
- Poster presentation at Cuticon State Conference, 2018 (Topic: Reverse Koebner phenomenon post bullous drug eruption).