

DR. IDRIS KAMRAN

Consultant - Orthopaedics

Qualification

MBBS | MS Ortho | SICOT Diploma in Orthopaedics

Overview

Dr. Idris Kamran is the best orthopedic doctor in Sarjapur, Bangalore, with experience and expertise in the field of Orthopaedics and Trauma, Joint Replacement and Sports injuries who aims to restore mobility and improve the quality of life of patients. With his empathetic patient care, attention to detail, clinical evaluation, and decision-making, he stands out in his approach towards his patients. After his MBBS graduation from the prestigious Bangalore Medical College and Research Institute, Bangalore, he went on to pursue his post-graduation MS in Orthopaedics from Mysore Medical College and Research Institute, Mysore. Following this, Dr. Idris proceeded to undertake a DEPUY Fellowship in Hip and Knee Arthroplasty from renowned faculty in the field of Arthroplasty and has developed expertise in primary, complex primary and revision Arthroplasty surgeries. His interest in the field of sports injuries drove him to pursue a post-doctoral fellowship programme in Arthroscopy and Sports medicine from Manipal Hospitals. Furthermore, to gain more understanding of sports injuries and their preventive measures, he pursued a FIFA Diploma in Football Medicine. He has attended and

participated in conferences and professional gatherings to gain and update his clinical knowledge and improve his skill set so that he can deliver prime healthcare to his patients in today's era of newer treatment modalities. He has gained sufficient experience in the management of sports injuries, including Arthroscopic Repairs and Reconstruction of joint ligaments. He has acquired training in high-volume trauma centres right from the time of his post-graduation and has gained skills in the management of adult and paediatric trauma, including complex injuries.

Fellowship & Membership

- Fellowship in Arthroscopy and Sports Medicine
- Fellowship in Hip and Knee Arthroplasty
- Diploma in Orthopaedics, SICOT, Belgium
- FIFA Diploma in Football Medicine
- Indian Arthroscopy Society
- Karnataka Orthopaedic Association

Field of Expertise

- Musculoskeletal trauma, both Adult and Paediatric.
- Knee and shoulder Arthroscopic Surgeries including shoulder replacement surgery.
- Hip and knee Arthroplasty- Primary and Revision Surgeries and Robotic Joint Replacement.
- Sports injuries- Prevention and Management.

Languages Spoken

- English
- Kannada

- Hindi
- Telugu
- Tamil

Talks & Publications

- Published in the Indexed journal- Journal of Orthopaedics Traumatology and Rehabilitation “Surgical dislocation of AC Joint dislocation with AC Hookplate”- 2018.
- Published in International Journal of Orthopaedic Sciences-2017 “Functional Outcome of Surgical Management of Floating Knee Injuries in Adults and its Prognostic Indicators”.
- Published in International Journal Res Orthop- 2017 “Management of CTEV using Ponsetti Method - a three year follow up”.
- Presented in KOACON 2018 “A case report on Pre-centralisation distraction using Orthofix in neglected radial club hand”.
- Presented in KOACON 2018 “Surgical Management of Distal Humerus Fractures by Locking Compression Plate using Dual Plate Technique”.
- Participated in Complex Primary and Revision Hip Arthroplasty Conclave in 2021.
- Attended Advanced Arthroscopy Shoulder Conference in 2022.
- Attended Symposium on surgical Approaches to Hip Replacement and also attended Bangalore Arthroscopic Conclave in 2023.