

DR. KOUSHIK HERLE

Consultant – Paediatric Surgery

Qualification

MBBS | MS | MCH Paediatric Surgery | DNB Paediatric Surgery | FPESI

Overview

Dr. Koushik Herle is a precision-driven paediatric surgeon in Sarjapur Road, Bangalore, with over 6 years of focused experience in advanced paediatric surgical care. He is currently practising as a Consultant – Paediatric Surgery at Manipal Clinic Sarjapur, with specialised expertise in neonatal surgery, paediatric urology, and minimally invasive procedures for infants and children. Trained at premier institutions, including CMC Vellore and BJMC Pune, Dr. Herle's academic pathway reflects rigorous surgical grounding. He completed his MBBS from KIMS Bengaluru, followed by an MS in General Surgery, and later an MCh in Paediatric Surgery along with a DNB qualification. His exposure at high-volume tertiary centres has shaped his approach to paediatric surgical decision-making, where anatomical precision, timing of intervention, and perioperative stability are critical to long-term outcomes. His clinical expertise spans congenital anomalies, neonatal surgical emergencies, paediatric urological disorders, gastrointestinal malformations, and minimally invasive laparoscopic surgery in children. Managing conditions such as urethral strictures, posterior urethral valves, hepatobiliary anomalies, intestinal motility disorders,

and complex neonatal abdominal emergencies requires not only technical dexterity but also nuanced pre-operative planning and meticulous post-operative follow-up. His published work in reputed journals, including research on urethral stricture in children, paediatric urology techniques, neonatal bedside laparotomy, and international collaborative surgical studies, reflects sustained engagement with evidence-based surgical practice. Dr. Herle focuses on comprehensive evaluation, detailed parental counselling, and clear surgical planning. Paediatric surgery consultations often involve careful explanation of congenital defects, anticipated growth-related implications, and recovery pathways. He ensures that families understand the anatomy involved, the reasoning behind recommended investigations, and the realistic expectations from surgery. His training in advanced minimal access laparoscopic paediatric surgery allows him to advise on procedures that minimise tissue trauma, reduce hospital stay, and promote faster recovery in children. Certifications in Paediatric Advanced Life Support (PALS), trauma life support, and minimally invasive surgical techniques further reinforce his structured understanding of perioperative safety and emergency preparedness. Dr. Herle believes that excellence in paediatric surgical consultation is built on clarity, responsibility, and collaborative care. He maintains organised follow-up protocols and structured communication with parents to ensure continuity of care. His focused expertise and evidence-based consultation approach further position him among the best paediatric surgeons in Sarjapur for families seeking specialised paediatric surgical guidance.

Fellowship & Membership

- INDIAN association of Pediatric surgeons.
- Karnataka state chapter of the Indian Association of Pediatric Surgeons.
- Society of Pediatric Urology - SPU.

Field of Expertise

- Pediatric Surgery
- Neonatal Surgery
- Pediatric Urology
- Minimal Access Surgery

Languages Spoken

- Kannada
- Hindi
- Telugu
- Tamil
- Marathi
- English

Talks & Publications

- Original article- Stricture urethra in children- Indian perspective Journal of Indian Association of Paediatric Surgeons PMID-30443113.
- Case report – A rare cause of vaginal discharge in a prepubertal girl – Journal of case reports- Association of paediatric surgeons of Pakistan.
- Case report - Retained Wireless Capsule Endoscope in a Girl with Suspected Crohn’s Disease- Journal of Case Reports- Association of Paediatric Surgeons of Pakistan PMID -27672577.
- Double J stent removal in paediatric patients by Vellore Catheter Snare technique: a randomised control trial- Journal of paediatric urology, December 2019Volume 15, Issue 6, Pages 661.e1–661.e8. PMID-31586540.

- Bedside laparotomy in newborns- a single institute experience. Journal of Paediatric Surgery December 2020 PMID 33334555.
- Timing of surgery following SARS-CoV-2 infection: an international prospective cohort study. COVIDSurg Collaborative; GlobalSurg Collaborative. Anaesthesia, 2021 Jun;76(6):748-758. doi: 10.1111/anae.15458. Epub 2021 Mar 9.PMID: 33690889.
- SARS-CoV-2 vaccination modelling for safe surgery to save lives: data from an international prospective cohort study. COVIDSurg Collaborative, GlobalSurg Collaborative. Br J Surg. 2021 Mar 24:znab101. doi: 10.1093/bjs/znab101. Online ahead of print. PMID: 33761533.
- Effects of pre-operative isolation on postoperative pulmonary complications after elective surgery: an international prospective cohort study.COVIDSurg Collaborative; GlobalSurg Collaborative.Anaesthesia. 2021 Aug 9. doi: 10.1111/anae.15560. Online ahead of print.PMID: 34371522.