



## **DR. SWATHI SHIVAKUMAR**

Consultant - Dermatology

### **Qualification**

M.B.B.S. | MD (Dermatology) | FRGUHS (Dermatosurgery)

### **Overview**

Dr. Swathi Shivakumar is a top dermatologist in Manipal Clinic Jayanagar. As a Consultant - Dermatology at Manipal Hospital Manipal Clinic Jayanagar, Dr. Swathi has expertise in performing various dermatological procedures including - Vitiligo surgeries, Hair transplantation, Ear lobe repair, Laser treatments, Skin biopsy, Chemical peels, Botox, Phototherapy, PRP therapy, Iontophoresis, Fillers & Threads, and Nail surgeries. She also manages patients with acne scars, skin cancers, warts, hair loss, and other allergic skin conditions. She is the foremost Dermatologist near Manipal Clinic Jayanagar. Dr. Swathi Shivakumar completed her MBBS from Bangalore Medical College and Research Institute in 2014. She then studied MD Dermatology, Venereology, and Leprosy at Jawaharlal Nehru Medical College, Karnataka. Dr. Swathi further pursued a Fellowship in Dermatosurgery from Bangalore Medical College and Research Institute, completing it in September 2023. Dr. Swathi has authored and co-authored several impactful publications, showcasing her expertise and research acumen. Some of these include: “The Unfair Drive to be Fair” - Psychosocial Aspects and Implications of the Use of

Skin Lightening Agents”, “Cosmetic Presentations and Challenges of body dysmorphic disorder and Its Collaborative Management”, and “Hair Transplantation Surgery Versus Other Modalities of Treatment in Androgenetic Alopecia: A Narrative Review”. She also actively participates in various conferences and workshops, enriching her knowledge and expertise in dermatology. Apart from her professional accomplishments, Dr. Swathi is a remarkable athlete who has competed at the international level in water polo and swimming, including major wins in the Asian Aquatic Championship. Her dedication to sports and extracurricular activities shows her well-rounded personality and rigorous way of life. Dr. Swathi's strengths include strong interpersonal and communication abilities, which help her interact with patients and coworkers.

### **Field of Expertise**

- Vitiligo surgeries
- Hair transplantation
- Ear lobe repair
- Laser treatments
- Skin biopsy
- Chemical peels
- Botox
- Phototherapy
- PRP therapy
- Iontophoresis
- Fillers & Threads
- Nail surgeries.

### **Languages Spoken**

- English

- Hindi
- Kannada

### Talks & Publications

- Shivakumar S., & Jafferany M. (2020). "The Unfair Drive to be Fair" - Psychosocial Aspects and Implications of the Use of Skin Lightening Agents. *Dermatologic Therapy*. doi:10.1111/dth.14091
- Shivakumar S, Jafferany M, Sood S, Sushruth V. Cosmetic presentations and challenges of body dysmorphic disorder and its collaborative management. *J Cutan Aesthetic Surg* 2021;14:126-131
- Shivakumar, S.; Kassir, M.; Rudnicka, L.; Galadari, H.; Grabbe, S.; Goldust, M. Hair Transplantation Surgery Versus Other Modalities of Treatment in Androgenetic Alopecia: A Narrative Review. *Cosmetics* 2021, 8, 25. <https://doi.org/10.3390/cosmetics801002>
- Shivakumar S, Manjunathswamy BS, Metgud T, Doshi B. Cutaneous manifestations in neonates: A 1-year cross-sectional study in a tertiary care hospital. *Indian J Health Sci Biomed Res* 2018;11:125-9.
- Shivakumar S, Jafferany M, Kumar SV et al. A brief review of dermatitis artefacta and management strategies for physicians. *Prim care companion CNS Disord*. 2021;23(4):20nr02858.
- Shivakumar, Swathi et al. "Antihistamines in Psoriasis." *Journal of drugs in dermatology : JDD* vol. 20,8 (2021): 844-847. doi:10.36849/JDD.5966
- Babu B, Shivakumar S, Asokan K. Thinking outside the box in COVID-19 era- Application of modified aerosol box in dermatology. *Dermatol Ther*. 2020 Jul;33(4):e13769. doi: 10.1111/dth.13769. Epub 2020 Jul 2. PMID: 32500633; PMCID:

PMC7300627.

- Goldust M, Shivakumar S, Kroumpouzou G, Murrell DF, Mueller SM, Navarini AA. Where do we stand as dermatologists in combat with COVID-19. *Dermatol Ther.* 2020 Jul;33(4):e13638. doi: 10.1111/dth.13638. Epub 2020 Jun 23. PMID: 32441435; PMCID: PMC7280715.
- Murrell DF, Rudnicka L, Shivakumar S, Kassir M, Jafferany M, Galadari H, Lotti T, Sadoughifar R, Sitkowska Z, Goldust M. Biologics and Small Molecules in the Treatment of COVID-19. *J Drugs Dermatol.* 2020 Jun 1;19(6):673-675. PMID: 32574020.
- Goldust M, Kroumpouzou G, Murrell DF, Jafferany M, Lotti T, Wollina U, Shivakumar S. Use of face masks in dermatology department during the COVID-19 outbreak. *Dermatol Ther.* 2020 Sep;33(5):e13521. doi: 10.1111/dth.13521. Epub 2020 Jun 12. PMID: 32378315; PMCID: PMC7267171
- Goldust M, Shivakumar S, Kroumpouzou G, Murrell DF, Rudnicka L, Jafferany M, Navarini AA. Virtual conferences of dermatology during the COVID-19 pandemic. *Dermatol Ther.* 2020 Jul;33(4):e13774. doi: 10.1111/dth.13774. Epub 2020 Jul 14. PMID: 32506609.
- Galadari, H., Shivakumar, S., Lotti, T. et al. Low-level laser therapy and narrative review of other treatment modalities in androgenetic alopecia. *Lasers Med Sci* (2020). <https://doi.org/10.1007/s10103-020-02994-4>
- Abhishekh HA, Raghuram K, Shivakumar S, Balaji AL. Prevalence of depression in community dwelling elderly: Study from rural population of India. *J Neurosci Rural Pract.* 2013 Aug;4(Suppl 1):S138. doi: 10.4103/0976-3147.116470.
- Caroline Stamu-O'Brien, Swathi Shivakumar et al. Through the looking glass: Skin signs that help diagnose eating disorders. *Clinics in Dermatology*, Volume 41, Issue 1, 2023, Pages 67-74.

