

**DR. ADARSH KS**

Consultant - Diabetes & Endocrinology

**Qualification**

MBBS - JIMS, Mangalore | MD [Medicine] - SMS Medical College, Jaipur, Rajasthan | DM [Endocrinology] - SGPGIMS Lucknow

## Overview

Dr. Adarsh KS is a relatively esteemed Consultant in Endocrinology, presently working at Manipal Hospital in Malleshwaram, Bengaluru. With an excellent instructional background and good-sized revel, he is an expert in controlling diabetes and endocrine disorders. Dr. Adarsh KS pursued his Bachelor of Medicine and Bachelor of Surgery (MBBS) from JIMS in Mangalore, and a specialisation in General Medicine with a Master's degree (MD) from SMS Medical College in Jaipur, Rajasthan. Driven with the aid ardour for endocrinology, he similarly pursued a Doctorate of Medicine (DM) in Endocrinology from SGPGIMS in Lucknow. His dedication to advancing his knowledge and understanding is clear through his fellowships and memberships. He is a proud member of the Karnataka Endocrine Society and the Endocrine Society of India (ESI). These affiliations provide him with a platform to interact with fellow specialists and live up to date with the brand-new improvements in endocrinology. Dr. Adarsh KS's primary discipline of know-how lies in managing diabetes and endocrine issues. He has committed his career to helping patients with numerous conditions associated with the endocrine machine. His records include the remedy

of pubertal problems, polycystic ovarian syndrome (PCOS), diabetes in kids, pituitary diseases, adrenal troubles, hyperthyroidism, hypothyroidism, high blood stress, and traditional diabetes management. Besides his scientific exercise, Dr. Adarsh KS actively contributes to the medical community via talks and courses. He has been a speaker at the Diabetes and Endocrinology Update 2017 held at SGPGIMS, Lucknow, where he shared his insights and knowledge with his peers. He has also co-authored an article titled "Here's what Maharashtra can learn from Kerala's COVID-19 failure," highlighting the lessons to be learned from different approaches to managing the pandemic. Dr. Adarsh is a good endocrinologist in Bangalore.  Dr. Adarsh KS is known for his dedication to research and has received recognition for his work. He has been offered for his studies on using danger evaluation tools in predicting osteoporosis in aged girls. Additionally, he has researched caloric and macronutrient consumption in ladies with polycystic ovarian syndrome, evaluating them with age-matched controls. With his extensive qualifications and experience, Dr. Adarsh KS provides comprehensive and personalised care to his patients. His ability to communicate fluently in English, Hindi, and Kannada ensures effective doctor-patient interactions, allowing patients to feel comfortable and well-informed throughout their treatment journey. Dr. Adarsh KS is registered with the Karnataka Medical Council having registration number 89438 since 2010. He has been serving as a dedicated Consultant at Manipal Hospitals, Malleshwaram, where he continues to make a meaningful impact on the lives of his patients through his expertise in endocrinology and diabetes management.

### Fellowship & Membership

- Karnataka Endocrine Society.
- ESI (Endocrine Society of India)

## Field of Expertise

- Diabetes & Endocrinology

## Languages Spoken

- English
- Hindi
- Kannada

## Awards & Achievements

- Usefulness of risk assessment tools OSTA, OSIRIS, ORAI, OPERA, NOF, ABONE, in elderly women in predicting osteoporosis.
- Assessment of caloric and macronutrient intake in women with the polycystic ovarian syndrome and comparison with age-matched controls.
- Diabetes and Endocrinology Update 2017, SGPGIMS, Lucknow.
- Tumor summit - 1st Endocrinology and Endocrine surgery - SGPGIMS Lucknow.

## Talks & Publications

- Here's what Maharashtra can learn from Kerala's COVID-19 failure - Dr. Adarsh KS, Consultant - Diabetes & Endocrinology, and Dr. Ranjit Mohan, Consultant - Internal Medicine, Infectious Diseases, Manipal Hospitals. Click Here