

DR. SPURTHY P

Specialist - Pulmonology

Qualification

MBBS | MD | DNB (Respiratory Medicine) | FIP (MAHE)

Overview

Dr. Spurthy P is a skilled and intervention-focused pulmonologist with advanced expertise in interventional pulmonology and complex respiratory care. She is currently practising as a Specialist – Pulmonology at Manipal Clinic Indiranagar, bringing over 5 years of clinical experience in managing a wide range of pulmonary conditions with a strong emphasis on minimally invasive procedures and critical care support. Dr. Spurthy completed her MBBS from Sri Devaraj Urs Academy of Higher Education, Kolar, followed by postgraduate training in Respiratory Medicine from Vydehi Institute of Medical Sciences. Her training provided extensive exposure to complex respiratory illnesses, critical care management, and structured pulmonary evaluation. She further refined her expertise through focused training in Interventional Pulmonology at Manipal Hospital, Old Airport Road, where she gained hands-on experience in advanced bronchoscopic and pleural procedures within a high-volume tertiary care setting. Her clinical expertise lies in interventional pulmonology, where she performs procedures such as video bronchoscopy, EBUS-TBNA, endobronchial and transbronchial biopsies, medical pleuroscopy, and airway

interventions including CRE dilatation and foreign body removal. She is also experienced in managing airway bleeds and performing pleural procedures such as intercostal drain placement. Her ability to combine procedural precision with clinical judgement allows for accurate diagnosis and targeted management of respiratory conditions, placing her among the best pulmonologist in Manipal Clinic Indiranagar for advanced pulmonary interventions. Dr. Spurthy manages a broad spectrum of respiratory disorders, including asthma, COPD, interstitial lung diseases (ILD), obstructive and restrictive lung diseases, pleural disorders, and respiratory infections. She is experienced in handling acute respiratory failure in high-dependency settings, including the use of high-flow nasal cannula (HFNC) and non-invasive ventilation. Her approach to care is structured, focusing on stabilisation, accurate diagnosis, and long-term disease control through evidence-based treatment plans. Her experience in pulmonary emergencies includes the management of conditions such as pneumothorax, severe pleural effusions, and acute airway compromise, where timely intervention is critical. She works closely with multidisciplinary teams, including critical care, oncology, radiology, and cardiothoracic surgery, to ensure comprehensive and coordinated patient care. Dr. Spurthy is a member of the Karnataka Pulmonology Association and remains engaged with evolving clinical practices in respiratory medicine. She continues to integrate current guidelines and advancements into her clinical work, particularly in the adoption of minimally invasive and image-guided procedures. Fluent in English, Kannada, Hindi, and Telugu, she ensures clear and effective communication with patients and caregivers. Her consultations focus on patient education, shared decision-making, and personalised treatment planning, particularly for chronic respiratory conditions requiring long-term follow-up.

Fellowship & Membership

- Member of Karnataka Pulmonology Association

Field of Expertise

- Video Bronchoscopy
- EBUS - TBNA
- Endo bronchial biopsy & Transbronchial biopsy
- CREdilatation
- Medical Pleuroscopy
- Adult foreign body removal

Languages Spoken

- English
- Kannada
- Telugu
- Hindi