



DR. D. HEMASUPRAJA

Specialist - General Surgery

Qualification

MBBS | MS

Overview

Dr. D. Hemasupraja is a highly skilled general surgeon in Indiranagar. She is currently practising as a Consultant - General Surgery at Manipal Clinics Indiranagar, Bangalore, bringing rigorous surgical training and a strong commitment to patient-centred care to her work in managing both routine and complex surgical conditions. Widely regarded as one of the best general surgeons in Indiranagar, she is known for her clarity in diagnosis, structured decision-making, and her commitment to guiding patients through safe, ethical, and evidence-based management plans across a wide spectrum of general surgical conditions. Dr. Hemasupraja's academic foundation is exceptionally strong. She completed her MBBS from the Sri Ramachandra Institute of Higher Education and Research in Chennai, where she received the Best Doctor Award during her internship, an honour that reflected her diligence, precision, and early dedication to patient care. She went on to pursue her MS in General Surgery from Shri Balaji Medical College and Hospital, a training period that equipped her with a deep and methodical understanding of gastrointestinal disorders, soft-tissue conditions, metabolic complications, vascular symptoms, and acute

surgical presentations. Throughout her education, she developed a clear, analytical approach to clinical assessment, which now forms the backbone of her consultations at Manipal Clinics Indiranagar. Her clinical practice is anchored in comprehensive evaluation and careful long-term management. At Manipal Clinics Indiranagar, Dr. Hemasupraja consults patients for a wide range of conditions, including abdominal pain, hernia-related symptoms, digestive disturbances, breast and thyroid complaints, chronic wounds, diabetic foot complications, vascular insufficiency, and soft-tissue swellings. Known for her meticulous physical examination and her ability to interpret diagnostic reports with accuracy, she ensures that every patient understands their condition fully, along with the lifestyle modifications, medical therapies, wound-care protocols, or further diagnostic steps required for optimal recovery. Her particular strengths lie in areas such as diabetic foot management, chronic non-healing ulcers, and minimally invasive treatment planning, where she combines clinical expertise with a structured, multi-disciplinary approach. For patients dealing with long-standing ulcers or complications associated with diabetes, she provides personalised wound-care strategies, timely reassessment and close monitoring, helping prevent progression, improve healing and avoid long-term complications. This focus on preventive and limb-preserving care has made her especially sought-after by individuals seeking the best general surgeon in Indiranagar for complex wound-related issues. Dr. Hemasupraja's interest in minimally invasive and vascular conditions is reflected in her extensive academic participation. She has presented at several national and international platforms, including ASICON and the Royal College of Surgeons of Edinburgh, where her work on conditions such as Dunbar Syndrome (Median Arcuate Ligament Syndrome) has earned awards and wide professional appreciation. Her research contributions, particularly in chronic ulcer pathology and hernia-related studies, highlight her commitment to evidence-based, academically informed practice. Her communication style is one of her most appreciated qualities. Fluent in

English, Hindi, Kannada, Tamil, and Telugu, she engages with patients from varied linguistic and cultural backgrounds with ease. She is calm, attentive, and committed to ensuring every patient feels heard and supported. Whether she is evaluating a chronic condition, guiding a patient through diagnostic findings, or helping families understand health optimisation strategies, she prioritises clarity and confidence-building at every stage. Within the multidisciplinary environment of Manipal Clinics Indiranagar, she works closely with diabetologists, radiologists, vascular specialists, and wound care teams to ensure that her patients benefit from collaborative and holistic care. Her ongoing participation in workshops, rapid-review courses, and national forums reflects her commitment to continuously refining her clinical knowledge.

Field of Expertise

- Diabetic Foot Management
- Management of Chronic Non-Healing Ulcers
- General & Minimally Invasive Surgical Procedures

Languages Spoken

- English
- Hindi
- Tamil
- Telugu
- Kannada

Talks & Publications

- Incidence of Small Vessel Vasculitis in Chronic Non-Healing Ulcers – Published

- Median Arcuate Ligament Syndrome (MALS) – Award-winning paper; secured First Prize at ASICON, Mumbai.