



DR. SACHIN. M

Specialist - Orthopaedics

Qualification

MBBS | MS ORTHO | Fellowship in Joint Replacement

Overview

Dr. Sachin M is a highly skilled orthopaedic surgeon in Indiranagar. He is currently practising as a Consultant – Orthopaedics at Manipal Clinics Indiranagar, Bangalore, where he offers comprehensive musculoskeletal consultations, evidence-based assessments, and personalised treatment planning for patients across all age groups. Known widely as one of the best orthopaedic surgeons in Indiranagar, he brings a refined, patient-centric approach shaped by years of clinical experience, strong academic credentials, and a deep commitment to ethical medical practice. Having completed his MBBS followed by an MS in Orthopaedics, Dr. Sachin has built a strong clinical foundation rooted in extensive exposure to a broad spectrum of orthopaedic conditions. His advanced fellowship training in joint replacement has further strengthened his ability to analyse complex joint-related complaints, evaluate severity with precision, and guide patients through tailored management pathways. His academic journey provided him with a nuanced understanding of degenerative joint disorders, post-traumatic functional limitations, joint deformities, and age-related musculoskeletal decline, insights that he now applies

daily during patient consultations at Manipal Clinics Indiranagar. A significant part of his expertise lies in trauma-related orthopaedic evaluation. Dr. Sachin regularly consults patients presenting with pain, swelling, difficulty in movement, suspected fractures, ligament injuries, soft tissue trauma, and post-accident musculoskeletal symptoms. His diagnostic clarity and calm, structured approach allow him to identify subtle clinical signs, interpret imaging reports with accuracy, and guide patients towards the most appropriate next steps, whether conservative management, physiotherapy guidance, or further advanced evaluation. In the field of sports and arthroscopy-related concerns, he offers expert consultations for individuals facing ligament strains, joint instability, meniscus problems, overuse injuries, and cartilage-related discomfort. His deep understanding of biomechanics helps him provide clear, actionable advice to athletes and fitness enthusiasts, ensuring they recover safely and regain functional capability without compromising long-term joint health. Dr. Sachin is equally well-regarded for his work in paediatric orthopaedics. He evaluates fractures, growth plate-related issues, deformities, gait abnormalities, and childhood musculoskeletal complaints with exceptional care and patience. His reassuring manner, ability to communicate effectively with both children and parents, and commitment to long-term functional recovery have made him a trusted name among families seeking orthopaedic advice. His consultation expertise extends to chronic conditions as well. Patients with arthritis, lower back pain, neck pain, shoulder stiffness, nerve compression symptoms, foot and ankle discomfort, and general age-related musculoskeletal decline frequently seek his guidance. His approach emphasises clarity, education, and structured guidance, ensuring every patient understands their diagnosis, prognosis, and available management options. Across every consultation, Dr. Sachin prioritises patient engagement and transparent communication. He encourages questions, explains imaging findings thoroughly, and discusses lifestyle modifications, exercises, posture corrections, and preventive strategies

that can significantly improve quality of life. His multilingual fluency in Kannada, English, Hindi, Tamil, Telugu, and Bengali allows him to connect effortlessly with individuals from diverse backgrounds. Recognised as one of the best orthopaedic surgeons in Indiranagar, Dr. Sachin combines clinical depth with genuine empathy. At Manipal Clinics Indiranagar, he continues to uphold exceptional standards of personalised orthopaedic care, ensuring that each patient receives attentive evaluation, thoughtful guidance, and long-term support for their musculoskeletal well-being.

Field of Expertise

- Orthopaedic Trauma,
- Joint Replacement Surgeries
- Arthroscopic Surgeries / Sports Medicine
- Paediatric Fractures

Languages Spoken

- Kannada
- English
- Hindi
- Tamil
- Telugu
- Bengali