

DR. ARAVIND J D

Consultant – Orthopaedics

Qualification

MBBS | MS | Fellowship In Arthroplasty And Arthroscopy

Overview

Prof. Dr. Aravind J D is a highly skilled orthopaedic surgeon in Bangalore. He is currently practising as a Consultant – Orthopaedics at Manipal Hospital Old Airport Road, Bangalore, bringing over 25 years of extensive experience in trauma care, joint replacement surgery, and arthroscopic procedures. Renowned for his surgical precision, academic depth, and patient-centred approach, he is widely regarded as one of the best orthopaedic surgeons in Bangalore, especially for complex hip and knee procedures and advanced arthroplasty. With a distinguished medical career spanning more than two decades, Prof. Dr. Aravind began his academic journey by completing his MBBS in 1995, followed by an MS in Orthopaedics in 1999 from the prestigious Bangalore Medical College. During his formative years, he trained under respected senior surgeons in Bangalore, including Dr. Srinivasan K and Dr. Manjunath K S, whose mentorship helped him cultivate a disciplined surgical mindset, meticulous technique, and a deep understanding of orthopaedic biomechanics. His early interests revolved around trauma care, especially complex fractures in polytrauma scenarios. Over the years, he developed outstanding

competence in managing adult fractures, paediatric injuries, and geriatric trauma cases, becoming a dependable name for comprehensive fracture care. His command over operative and non-operative management, combined with cross-speciality collaboration, has made him an invaluable asset in acute orthopaedic settings. In 2010, Dr. Aravind expanded his surgical practice into arthroplasty, and since then he has performed more than 1000 joint replacement surgeries of the hip and knee. His clinical excellence in complex hip deformities, revision hip replacements, and difficult knee reconstructions distinguishes him from his peers. His expertise is further strengthened by his fellowship training in arthroplasty at the famed Singapore General Hospital, where he gained advanced skills in precision implant positioning, deformity correction, and high-performance joint reconstruction. Following this, he pursued specialised training in knee arthroscopy at Singapore General Hospital, enabling him to offer minimally invasive solutions for ligament injuries, meniscus repair, sports injuries, and degenerative knee disorders. Since then, he has consistently demonstrated excellence in arthroscopic ACL reconstruction, meniscectomy, meniscal repair, and advanced cartilage procedures. His ability to combine arthroscopy with comprehensive rehabilitation planning makes him highly sought-after among young athletes and active adults. In addition to his clinical accomplishments, Prof. Dr. Aravind has an impressive academic profile. As a Professor of Orthopaedics, he has mentored numerous postgraduate trainees and undergraduate students, shaping the next generation of surgeons with structured teaching, surgical demonstrations, and research guidance. His passion for academic orthopaedics is reflected in more than ten publications in internationally indexed journals and multiple presentations at national conferences. His recent works include his 2025 publication in Cureus on acetabular component positioning using the TAL landmark and studies on ACL reconstruction techniques and femoral morphology. He is an esteemed member of the Indian Orthopaedic Association,

Karnataka Orthopaedic Association, AO Trauma Society, and is recognised as a Fellow in Adult Reconstruction (Singapore). His participation in advanced AO Trauma courses and the Ranawat Orthopaedic Course further underlines his dedication to refining surgical knowledge through continued education. Today, as one of the best orthopaedic surgeons in Bangalore, Prof. Dr. Aravind offers a wide spectrum of surgical solutions, including hip and knee primary and revision replacement, arthroscopy for knee injuries, deformity correction, trauma management, and complex fracture reconstruction. His meticulous technique, calm demeanour, and commitment to ethical practice have earned him deep trust among patients and colleagues. At Manipal Hospitals Bangalore, he continues to deliver world-class orthopaedic care backed by decades of surgical experience and academic excellence.

Fellowship & Membership

- Indian Orthopaedic Association - Lmo04591 Karnataka Orthopaedics Association A190 Member Of Ao Trauma Society Fellow Adult Reconstruction - Singapore

Field of Expertise

- Hip And Knee Primary And Revision Joint Replacement Surgery
- Arthroscopy Surgery Of Knee
- Fractures And Polytrauma

Languages Spoken

- English
- Kannada
- Hindi

- Telugu
- Tamil

Awards & Achievements

- Ao Trauma Basic Course In 2012
- Ao Taruma Advance Course In 2013
- Ranawat Orthopaedic Course - 2016 In Joint Replcacement Surgery And Arthroscopy

Talks & Publications

- Aceatbular Component Postioning Using Tal As An Anatomical Landmark In Primary Total Hip Replacement - Cureus 2025. April 9:17(4): E81940.
- Comparitive Analysis Of Surgical Techniques For Acl Reconstruction. Jojs 2024;6(2):103-108.
- Evaluation Of Neck Shaft Angle & Anteversion In Dry Femora Of Adult Indian Population. Jojs 2025;7(1)22-26.