



## **DR. JYOTHI KIRAN. H**

Associate Consultant - Ophthalmology

### **Qualification**

MBBS | DOMS | FGO

### **Overview**

Dr. Jyothi Kiran is a highly skilled ophthalmologist in Bangalore. She is currently practising as an Associate Consultant – Ophthalmology at Manipal Clinic Indiranagar, Bangalore, bringing over a decade of clinical experience to the comprehensive care of patients across all age groups with ocular conditions. Over the course of her career, she has developed an extensive and nuanced expertise in both medical and surgical ophthalmology, allowing her to deliver personalised, evidence-based care to patients with routine and complex eye disorders. Her practice seamlessly integrates clinical evaluation, advanced diagnostic procedures, and precise surgical interventions, ensuring patients receive the most appropriate and effective treatments for their individual needs. With a foundational education of MBBS and DOMS from Rajiv Gandhi University of Health Sciences, complemented by a Fellowship in General Ophthalmology (FGO) from Bangalore West Lions Eye Hospital, Dr. Jyothi Kiran has cultivated a career marked by both academic rigour and hands-on proficiency. She has held senior roles in multiple respected eye care institutions where she has provided comprehensive ophthalmic care ranging from routine outpatient

evaluation to advanced surgical procedures. Her experience spans cataract surgeries (including Small Incision Cataract Surgery and Extra Capsular Cataract Extraction), pterygium excisions, dacryocystectomy and dacryocystorhinostomy, minor anterior segment procedures, and laser interventions such as YAG Iridotomy and YAG Capsulotomy. In addition, she has assisted in lid and conjunctival surgeries, demonstrating versatility and depth in ophthalmic surgical practice. Dr. Jyothi Kiran's clinical acumen extends beyond surgery into meticulous diagnostic work, including slit lamp biomicroscopy, applanation tonometry, gonioscopy, ocular A and B scans, visual acuity assessment, color vision evaluation, ocular motility assessment, and comprehensive evaluation for refractive errors, squint, glaucoma, and retinal disorders. She is adept at early detection and management of conditions such as uveitis, dry eye, diabetic retinopathy, glaucoma, conjunctivitis, corneal ulcers, and posterior segment disorders, providing both therapeutic and preventive care. Her skill in pre- and post-operative counselling ensures patients are well-informed, comfortable, and supported throughout their treatment journey. Beyond individual patient care, Dr. Jyothi Kiran has demonstrated a strong commitment to community eye health. She has actively participated in vision screening programs for schools, offices, and factories, as well as public awareness campaigns for cataract, diabetic retinopathy, glaucoma, and eye donation. Her involvement in these initiatives underscores her dedication to preventive ophthalmology and public health, highlighting her role not only as a clinician but also as an advocate for community well-being. Her collaborative approach, excellent interpersonal skills, and ability to put patients at ease have earned her trust and respect among peers and patients alike. Through years of clinical practice, surgical precision, research involvement, and community engagement, Dr. Jyothi Kiran has established herself as a leading ophthalmologist in Bangalore. She continues to pursue advancements in ophthalmology through continuous learning, attendance at national and regional CMEs, workshops, and

conferences, ensuring that her patients benefit from the latest developments in eye care. Her profile reflects a rare combination of technical excellence, compassionate patient care, and a steadfast commitment to enhancing the quality of life through vision preservation and restoration.

### **Fellowship & Membership**

- Fellowship In General Ophthalmology (FGO)
- Member Of Karnataka Ophthalmic Society
- Member Of Bangalore Ophthalmic Society

### **Field of Expertise**

- Medical Ophthalmology
- Cataract/dct/dcr/ Pterygium Surgeries
- Assisted In Lid And Conjunctival Surgeries
- Work Up For Squint, Ptosis And Glaucoma Cases

### **Languages Spoken**

- English
- Kannada
- Hindi