

DR. SANJANA GOPAL

Consultant - Surgical Gastroenterology

Qualification

MBBS | MS (Gen Surg) | MCh (Surgical gastroenterology)

Overview

Dr. Sanjana Gopal is a skilled surgical gastroenterologist in Bangalore. She's currently practising as a Consultant - Surgical Gastroenterology at Clinic Indiranagar - Bengaluru, known for her precision-driven surgical expertise, patient-centred communication, and commitment to offering holistic treatment for digestive, metabolic, and gastrointestinal cancers. Dr. Sanjana's clinical expertise spans oncologic surgeries involving the oesophagus, stomach, liver, pancreas, biliary tree, and colorectal region, as well as benign gastrointestinal diseases requiring precision-based interventions. With a medical journey shaped through renowned academic institutions, Dr. Sanjana completed her MBBS from a well known Medical College, followed by an MS in General Surgery from a Medical College in 2017. Strengthening her clinical and surgical proficiency further, she pursued an MCh in Surgical Gastroenterology in 2022. This advanced super-speciality training has equipped her to manage a broad spectrum of gastrointestinal disorders, from cancer surgeries to intricate hepatopancreatobiliary conditions. She is particularly adept at performing laparoscopic and robotic gastrointestinal surgeries, which significantly improve patient

outcomes by reducing pain, enhancing recovery speed, minimising blood loss, and resulting in smaller scars. Her work also includes complex abdominal wall reconstruction for ventral hernias, management of acute and chronic pancreatitis, complicated gallstone diseases, surgical management of acid-peptic disorders, and advanced treatment of complex fistula-in-ano. For patients with GI cancers, she offers both curative and palliative solutions tailored to their condition, ensuring dignity, comfort, and long-term support. A strong believer in multidisciplinary, holistic gastro-oncology care, Dr. Sanjana collaborates closely with medical gastroenterologists, oncologists, radiologists, pathologists, liver transplant specialists, and intensive care teams. This approach ensures that every patient benefits from a personalised treatment plan — from diagnosis and staging to surgery and postoperative rehabilitation. Her clarity in counselling, focus on informed decision-making, and empathetic dialogue help families navigate difficult medical decisions with confidence and emotional support. Alongside her clinical practice, Dr. Sanjana remains active in academics and surgical training, contributing towards shaping the next generation of surgeons. She has presented scientific work at prestigious national and international conferences, participated as faculty at surgical forums, and has completed specialised training, such as an Observership in Liver Transplantation at an Institute (2022) and HPB Certification Course from a renowned Medical College (2022). Her research contributions, including published case reports on rare gallbladder anomalies, reflect her dedication to continuous medical learning and the advancement of surgical knowledge. Fluent in English, Kannada, Hindi, and Telugu, she connects comfortably with patients from varied linguistic backgrounds, ensuring meaningful doctor–patient communication and trust. Dr. Sanjana’s philosophy revolves around patient-centred surgical care driven by medical ethics, precision, and compassion, helping individuals reclaim their health through safe, modern, and comprehensive gastro-surgical treatment. With her expertise in minimally invasive procedures, complex cancer surgeries,

and holistic patient management, Dr. Sanjana Gopal stands as a reliable and specialised surgical gastroenterologist at Manipal Clinics, Bengaluru, offering patients advanced digestive care with measurable long-term outcomes.

Fellowship & Membership

- ASI - Association of Surgeons of India.
- IASG - Indian Association of Surgical Gastroenterology.

Field of Expertise

- Minimally invasive surgeries.
- Benign and malignant upper GI Conditions (Oesophagus and Stomach).
- Complicated gall stones and biliary tree diseases.
- Hepatopacreatobiliary malignancies.
- Colorectal Surgeries.
- Abdominal Wall hernias and their recontruction.
- Complex fistula in ano.
- Surgeries for acid peptic diseases.

Languages Spoken

- English
- Kannada
- Hindi
- Telugu

Awards & Achievements

- Presented e-poster on 'Management of acute acalculous cholecystitis in a tertiary centre' at IASGCON 2021.
- Presented paper on a novel technique of feeding jejunostomy in Whipple’s patients in APHPBA conference, September 2023.
- Participated as faculty in Indian chapter of IHPBA in April 2024.
- One-month observership in the department of liver transplant at Amrita Institute of Medical Sciences, March 2022.
- HPB certification course conducted by Stanley Medical College, September 2022.

Talks & Publications

- A rare case of bilobed gallbladder presenting as cholelithiasis and choledocholithiasis: a case report, manuscript number NMJ-2021-12-041.