



## **DR. SHOBHA G**

Consultant - Obstetrics and Gynaecology

### **Qualification**

MBBS | MS (OBG) | DNB (OBG)

### **Overview**

Dr. Shobha G is a highly skilled Obstetrics and Gynaecology specialist in Bangalore. She is currently practising as a Consultant - Obstetrics and Gynaecology at Manipal Clinics Indiranagar, Bengaluru, bringing over 20 years of academic and clinical expertise to women's health across all stages of life. With a career deeply rooted in clinical excellence, academic leadership, and compassionate patient care, she has emerged as one of the best obstetrics and gynaecology specialists in Manipal Clinics Indiranagar, Bengaluru, widely respected for her ability to manage high-risk pregnancies, complex gynaecological conditions, and laparoscopic procedures with precision and care. Her early medical training began at Mysore Medical College, where she completed her MBBS, followed by an MS in Obstetrics and Gynaecology from Bangalore Medical College. She further strengthened her academic credentials by earning a DNB in Obstetrics and Gynaecology from the National Board of Examinations, New Delhi, demonstrating her commitment to evidence-based practice and advanced reproductive healthcare. Over the span of her distinguished career, she has held prominent positions at leading medical institutions, where she

served as Lecturer, Senior Resident, Assistant Professor, and later Associate Professor, actively contributing to both clinical services and academic training. Her role as nodal officer for the Facility-Based Maternal Death Review committee highlights her leadership in maternal safety protocols and healthcare quality assurance. She has been instrumental in streamlining OPD workflows, postgraduate training modules, labour room management systems, and interdisciplinary coordination for critical obstetric emergencies. Dr. Shobha G is one of the best obstetrics and gynaecology specialists in Indiranagar, Bengaluru, handling high-risk obstetric scenarios, including pregnancies complicated by autoimmune disorders, cardiac compromise, pulmonary hypertension, and neurological conditions, ensuring safe maternal and neonatal outcomes through meticulous prenatal assessment and multidisciplinary planning. Her expertise further extends to laparoscopic gynaecological surgeries, minimally invasive techniques, infertility evaluation, and comprehensive women's wellness programs. As an academic contributor, she has published several research papers in reputed national and international journals, focusing on maternal mortality, abruptio placentae outcomes, obstetric emergencies, and complex pregnancy management. With fellowships in Minimal Access Surgery from World Laparoscopy Hospital, Gurgaon, and advanced ultrasound training under FOGSI, she integrates technology with clinical judgement to provide precise diagnosis and surgical care. Beyond clinical work, she has played a key role in curriculum development under the Rajiv Gandhi University of Health Sciences, actively contributing to competency-based medical education for future specialists. She regularly conducts CMEs, workshops, and skill-lab sessions for undergraduates and postgraduates, reinforcing her role as a mentor and academic leader in obstetrics and gynaecology. Known for her calm approach, attention to detail, and patient-centred communication, she ensures that every woman receives personalised guidance through her reproductive journey, from adolescence to motherhood and beyond. Fluent in

English, Kannada, and Hindi, she is approachable to a wide patient base and is deeply committed to making quality women's healthcare accessible, ethical, and outcomes-focused. Her dedication to continuous learning, innovation in surgical techniques, and compassionate clinical practice makes her a trusted name among patients and peers alike in Bengaluru's medical community.

### **Fellowship & Membership**

- Life member of Bangalore Society of Obstetrics AND Gynaecology (BSOG).
- Fellowship and Diploma in Minimal Access Surgery at World Laparoscopy Hospital, Gurgaon, 2015.

### **Field of Expertise**

- General Obstetrics and Gynaecology.
- High-risk pregnancy.
- Gynaecological and laparoscopic surgeries, teaching.

### **Languages Spoken**

- Kannada
- English
- Hindi

### **Talks & Publications**

- Review of maternal mortality in a tertiary care urban teaching hospital: 10-year retrospective study. International Journal of Reproduction, Contraception, Obstetrics and Gynaecology,

- Shobha G et al. Int J Reprod Contracept Obstet Gynecol. 2019 May;8(5):2050-2053 [www.ijrcog.org](http://www.ijrcog.org).
- A successful obstetric outcome in pregnancy complicated with cor pulmonale, pulmonary hypertension secondary to pulmonary tuberculosis: a case report. Rao Preethi Venkatachala, C.N. Sheela, Shobha G, Uma Devaraj, Arpana Kedlaya, Kiron Varghese Int. J. Reprod Contracept Obstet Gynecol <https://dx.doi.org/10.18203/2320-1770.ijrcog20182921>.
  - Emergency peripartum hysterectomy: a 7-year review at tertiary hospital, Manjula S K, Suvarchala Katakam, Shobha G International Journal of Reproduction, Contraception, Obstetrics and Gynaecology, Manjula SK et al. Int J Reprod Contracept Obstet Gynecol, 2019, Sep, 8 (9): [www.ijrcog.org](http://www.ijrcog.org) pISSN 2320-1770 / eISSN 2320-1789.
  - Incidence and risk factors for intrauterine foetal demise: a retrospective study in a tertiary care centre in India Jayashree V Kanavi, Shobha G, Kavita G International Journal of Pregnancy & Child Birth Volume 2 Issue 2-2017.
  - Prevalence of Abruptio Placentae and Potential Determinants of Maternal and Fetal Outcomes in Women with Abruptio Placentae in a Tertiary Care Centre in India: A Retrospective Study Jayashree V Kanavi, Hazeline A Lobo, Shobha G, Annamma Thomas. Journal of South Asian Federation of Obstetrics and Gynaecology, Volume 14 Issue 2 (March-April 2022): 111 - 116.
  - Challenges faced during obstetrical management in pregnant women with rare neurological conditions: A retrospective study. Jayashree V Kanavi, Anitha S, Shobha G, Annamma Thomas. Journal of South Asian Federation of Obstetrics and Gynaecology 2022;14(6):644-648.
  - Neurological Disorders Complicating Pregnancy and Its Obstetric Outcomes. Shobha Giliyar, Jayashree V Kanavi,

- Annamma Thomas. International Journal of Infertility and Fetal Medicine, Volume 14 Issue 2 (May-August 2023): 59 - 64.
- Acute liver injury in pregnancy. Murali A, Jose R, Giliyar S. BMJ Case Rep. 2024 Feb 21;17(2):e257138. doi: 10.1136/bcr-2023-257138. PMID: 38383125; PMCID: PMC10882453.
  - Obstetric and Neonatal Outcomes among Patients with Obstetric Antiphospholipid Antibody Syndrome: A Prospective Observational Study Comparing Patients Receiving Conventional Therapy (LMWH + Aspirin) and Patients Receiving Additional Hydroxychloroquine. Giliyar S, Vishnupriya K, Sharma MS, Bellarmin LS, Prasad M. J South Asian Feder Obs Gynae2025;1(3):327-331.