

DR. LAKSHMI L

Consultant – Dermatology and Cosmetology

Qualification

MBBS | MD (DVL) | FRGUHS (Ped Derm)

Overview

Dr. Lakshmi L is a highly skilled dermatologist, pediatric dermatologist and aesthetic dermatologist in Bangalore. She is currently practising as a Consultant – Dermatology and Cosmetology at Manipal Clinic Indiranagar, Bengaluru, where she brings over a decade of comprehensive clinical experience and a strong academic background to her care. Renowned for her compassionate, evidence-based approach, Dr Lakshmi is dedicated to providing holistic dermatological care that blends clinical precision with empathy, especially in managing complex skin conditions in children and adults. A Gold Medallist in both MBBS and MD, Dr. Lakshmi completed her medical education at Mysore Medical College & Research Institute, followed by an MD in Dermatology, Venereology and Leprosy from the Karnataka Institute of Medical Sciences (KIMS), Hubballi. To further refine her subspecialty expertise, she pursued a Fellowship in Paediatric Dermatology (FRGUHS) from the Indira Gandhi Institute of Child Health (IGICH), Bengaluru, one of the country's most reputed centres for child health. Her strong academic foundation, combined with hands-on experience across diverse clinical environments, has shaped her into

one of Bangalore’s most respected dermatologists specialising in paediatric and aesthetic dermatology. Dr. Lakshmi’s clinical practice encompasses the diagnosis and management of a wide range of skin, hair, and nail disorders in infants, children, adolescents, and adults. Her special interests include paediatric skin disorders such as birthmarks, atopic dermatitis, eczema, psoriasis, skin infections, vitiligo, and genodermatoses. She has a distinctive ability to approach paediatric cases with sensitivity and precision, ensuring young patients feel comfortable and supported throughout their treatment journey. Her extensive experience in clinical dermatology also includes managing chronic and complex dermatological conditions, with a focus on delivering long-term, sustainable results. In addition to her clinical expertise, Dr. Lakshmi is an accomplished aesthetic physician, trained in advanced cosmetic dermatology procedures. She is proficient in performing laser treatments for pigmentation, scars, and hair reduction, chemical peels, microneedling radiofrequency (MNRF), mesotherapy, PRP therapy, Botox, and various anti-ageing and anti-hair fall treatments. Her aesthetic philosophy prioritises natural enhancement and patient safety—striving to achieve visible, healthy, and confidence-boosting results without compromising skin integrity. Her professional journey also includes academic contributions as a former Assistant Professor at Vydehi Institute of Medical Sciences, Bengaluru, where she mentored postgraduate students and participated actively in research and clinical training. She has presented over 20 oral and poster papers at various state, national, and international conferences, and has served as faculty and guest speaker at multiple Continuing Medical Education (CME) programmes and aesthetic workshops. Her dedication to continuous learning and teaching underscores her commitment to staying abreast of the latest developments in dermatological science and technology. Dr. Lakshmi is a proud member of several professional organisations, including the Indian Association of Dermatologists, Venereologists and Leprologists (IADVL), Indian Medical Association (IMA), International Society of

Pediatric Dermatology (ISPD), Pediatric Dermatology Foundation (PDF), and Asian Society of Pediatric Dermatology (ASPD). Her membership in these esteemed bodies reflects her dedication to maintaining the highest standards of professional excellence and ethical practice. At the core of Dr. Lakshmi's approach lies her belief that good skin health is every individual's right. She is passionate about identifying and treating the root causes of dermatological conditions rather than offering superficial solutions. Her treatment philosophy is grounded in medical integrity, patient trust, and long-term well-being, ensuring that every individual—whether a child with eczema or an adult seeking aesthetic enhancement—receives personalised, evidence-based, and compassionate care. Through her practice at Manipal Clinic Indiranagar, Dr. Lakshmi continues to empower patients with healthier skin and greater confidence, combining medical expertise with a genuine passion for patient-centred dermatology.

Fellowship & Membership

- IADVL - Indian Association of Dermatologists, Venereologists and Leprologists
- PDF - Pediatric Dermatology Foundation, India
- ISPD - International Society of Pediatric Dermatology
- ASPD - Asian Society of Pediatric Dermatology
- IMA - Indian Medical Association

Field of Expertise

- Pediatric dermatology
- Clinical dermatology
- Cosmetology
- Trichology

Languages Spoken

- English
- Kannada
- Hindi

Awards & Achievements

- Gold medalist - MBBS & MD courses.
- Best outgoing intern: MMCRI, 2014.
- IADVL DERMACON, 2017 Scholarship.

Talks & Publications

- 20 oral and poster presentations in various state, national & international conferences.
- Guest speaker & faculty member in >10 CMEs & aesthetic workshops.