

DR. LOKESH KUMAR SEETHAKA

Consultant - Orthopaedic & Robotic Joint Replacement Surgery

Qualification

MBBS | DNB Orthopaedic Surgery | Fellowship in Robotic Arthroplasty

Overview

Dr. Lokesh Kumar Seethaka is a dedicated orthopaedic surgeon in Bangalore. He's currently practising as a Consultant - Orthopaedic Surgery at Manipal Hospital Indiranagar Clinic, Bangalore, specialising in arthroplasty and joint replacement, with a strong focus on both primary and revision hip and knee procedures. He is committed to advancing surgical techniques in complex trauma and sports injuries while delivering patient-centred care through evidence-based practice. Dr. Lokesh has built his expertise through rigorous training and continuous professional development. He began his medical journey by earning his MBBS from Sri Venkateswara Medical College, Tirupati, under Dr. NTR University of Health Sciences, Andhra Pradesh, graduating in 2012. Following his undergraduate studies, he completed a post-MBBS internship before pursuing further specialisation in orthopaedic surgery. Dr. Lokesh undertook the DNB Orthopaedic Surgery program at Manipal Hospital, Bangalore, from 2015 to 2018, where he honed his surgical skills under the rigorous standards of the National Board of Examinations. Building on this foundation, Dr. Lokesh advanced his expertise by serving as a Senior Registrar during his post-DNB senior residency at Manipal Hospital, Bangalore. His commitment to specialised training led him to complete a Fellowship in Arthroplasty at the Manipal Institute of Joint Replacement, Bangalore. During his

fellowship, he focused on mastering complex joint replacement procedures and gained valuable hands-on experience in both primary and revision surgeries. Dr. Lokesh is also an active researcher with a keen interest in improving clinical outcomes. His thesis, titled “A Study to Evaluate Clinical and Functional Outcome of Patellar Denervation in Primary Total Knee Replacement,” was completed under the guidance of a distinguished mentor and was accepted by the National Board of Examinations. His research work contributes to the refinement of surgical techniques and the optimisation of patient rehabilitation in joint replacement surgery. He has actively participated in numerous conferences and instructional courses that have enriched his surgical repertoire. Highlights of his academic engagements include participation in revision knee arthroplasty and unicondylar knee replacement instructional courses, as well as an AO Trauma blended course focusing on the basic principles of fracture management. Additionally, he has attended several master classes and symposiums that have further advanced his understanding of hip and knee arthroplasty. Dr. Lokesh’s technical skills span a broad range of orthopaedic procedures, including primary, complex primary, and revision hip and knee replacements. He is proficient in managing upper and lower limb trauma and has considerable experience in treating sports injuries and multi-ligamentous knee injuries. His surgical acumen and commitment to continuous learning have made him a trusted expert in his field. Fluent in multiple languages, Dr. Lokesh communicates effectively with a diverse patient population, ensuring that all patients receive comprehensive and empathetic care. His dedication to excellence in orthopaedic surgery is further reflected in his active engagement with quality improvement initiatives and his commitment to maintaining high standards in clinical practice.

Fellowship & Membership

- MIJR [Manipal Institute of Joint Replacement, Bangalore]

- Robotic Arthroplasty
- AO Trauma

Field of Expertise

- Primary, Complex Primary Knee & Hip Robotic & Conventional Replacements
- Revision Hip & Knee Replacements
- Upper limb & Lower limb Complex Trauma
- Sports Injuries
- Arthroscopic Ligament Reconstruction Surgeries

Languages Spoken

- English
- Kannada
- Telugu
- Hindi

Awards & Achievements

- AO Advance Trauma Course - 2023 Mumbai.
- Revision Knee Arthroplasty Instructional Course May 25th, 2022 [MS Ramaiah Cadaveric Learning Centre].
- Unicondylar Knee Replacement Instructional Course May 26th [MS Ramaiah Cadaveric Learning Centre].
- AO Trauma Blended Course Basic - Principles of Fracture Management India [Nov-2021].
- "13th International Conference of Orthopaedics, Arthroplasty & Rheumatology" Held in July 2019 in London, UK, Given Presentation on "Surgical Management of Intercondylar Fractures of the Humerus Using Triceps Reflecting Anconeus Pedicle Approach".
- Save the Meniscus Symposium by Smith & Nephew Bangalore 2019.
- Master Class in Hip Arthroplasty Conducted by Smith & Nephew, Bangalore 2019.
- Hip Arthroplasty 360 Degree Course at Bangalore in Dec 2018.