

DR. HARSHINI T REDDY

Consultant - Paediatric And Child Care

Qualification

MBBS | DNB Paediatrics | (MRCPCH) | FPID | DPAA

Overview

Dr. Harshini T Reddy is a skilled and compassionate paediatrician in Bangalore. She is currently practising as a Consultant - Paediatric And Child Care at Manipal Clinic Indiranagar, Bangalore. With expertise in General Paediatrics, Paediatric Infectious Diseases, Vaccinology, Nutrition, Growth and Development, and Allergy & Asthma care, she offers holistic and evidence-based care for children from infancy through adolescence with a deep commitment to offering comprehensive paediatric care. Dr. Harshini completed her MBBS from the Vijayanagara Institute of Medical Sciences, Bellary, and her DNB in Paediatrics from Manipal Hospitals, Bangalore. Further specialising in infectious diseases, she completed her Fellowship in Paediatric Infectious Diseases (FPID) affiliated with the Indian Academy of Paediatrics. She also holds a Diploma in Paediatric Allergy and Asthma (DPAA) from Sir Gangaram Hospital, New Delhi, and the University of Colorado, USA. She is certified in maternal, infant, young child, and adolescent nutrition by IIT Bombay and the Indian Institute of Public Health, Delhi. Her diverse training and dedication reflect her commitment to child healthcare. Dr. Harshini T Reddy is a firm believer

in preventive medicine. She patiently listens to parents as well as children and conveys medical information clearly and empathetically which compliments her in-depth understanding of paediatric care and ailments. Her clinical focus includes early screening and intervention for developmental delays, growth issues, and nutritional deficiencies. Dr. Harshini routinely manages cases of recurrent respiratory infections, asthma, food allergies, nutritional anaemias, and vaccine-preventable diseases, providing structured vaccination plans to help kids receive timely immunizations as per national and global protocols. Actively involved in academic contributions, Dr. Harshini has published multiple papers in reputed paediatric journals, addressing topics such as tuberculosis screening, post-viral bacterial infections, and paediatric osteoarticular infections. She is a member of esteemed medical associations, including the Indian Academy of Paediatrics (IAP), the Paediatric Infectious Diseases Academy, and the IAP Allergy and Applied Immunology Chapter. Her association with these organisations keeps her updated with the latest clinical guidelines and innovations in child healthcare. Fluent in English, Kannada, Telugu, and Hindi, Dr. Harshini ensures smooth, empathetic communication with families from diverse backgrounds. Her ability to simplify medical discussions helps parents feel informed and confident in every step of their child's treatment journey.

Fellowship & Membership

- Indian Academy of Paediatrics
- Paediatric Infectious Diseases Academy (IAP)
- IAP Allergy and Applied Immunology chapter
- European Society of Paediatric Infectious Diseases (ESPID)

Field of Expertise

- Maternal, Infant, Young child and Adolescent Nutrition
- Vaccination
- Growth and Developmental screening
- Paediatric infections
- Allergy and asthma disorders

Languages Spoken

- English
- Kannada
- Telugu
- Hindi

Awards & Achievements

- National Competition (IAP Respiratory chapter, 2020)
- 2nd prize in All India pneumonia case presentation

Talks & Publications

- Pediatric Infectious Diseases, May 24 - “C-Tb Skin Test: A Step Toward Tuberculosis Eradication".
- Pediatric Infectious Diseases, Dec 23 - “Mechanisms of Secondary Bacterial Infections in Viral Infections".
- Karnataka Paediatric Journal, Jan 25 - “The Entirety of Paediatric Osteoarticular Infections".
- IAP – An algorithmic approach to Paediatric diagnosis –“Fever of unknown origin".
- PAPER PRESENTATION
- International Conference (WSPID, 2023) - "Coauthor for study on “Osteoarticular infections in children".

- National Conference (Adolescon, 2019) - “Use of USG in measuring bone mineral density in children".
- POSTER PRESENTATION
- International Conference (PRES, 2021) – “Study of Dress Syndrome in Children".
- National Conference (CIDSCON, 2023) – “Study of Clinical, Diagnostic and Therapeutic Profile of Osteoarticular Infections in Children".