

DR. RAGHURAJ HEGDE

Consultant – Orbit, Ophthalmic Plastic Surgery & Ophthalmic Oncology Service, Ophthalmology

Qualification

MBBS - JSS Medical College, Mysore. | MS (Ophthalmology) - Regional Institute of Ophthalmology, Kolkata (RIO-K). | Fellowship in Orbit, Ophthalmic Plastic Surgery and Ophthalmic Oncology, National University Hospital, Singapore (NUHS).

Overview

Dr. Raghuraj Hegde is an experienced cosmetic and oculoplastic surgeon in Bangalore. He is currently practising as a Consultant – Oculo-facial Aesthetics & Cosmetic Surgery at Manipal Clinics Indiranagar. With years of advanced training and hands-on experience in both aesthetic and reconstructive facial surgery, Dr. Hegde is known for delivering results that are refined, balanced, and naturally beautiful. With a degree in MBBS, Dr. Raghuraj Hegde went on to pursue an MS in Ophthalmology from the Regional Institute of Ophthalmology (RIO), Kolkata. He also completed a Fellowship in Oculoplastic Surgery (FAICO). He also pursued a highly specialised post-doctoral Fellowship in Ophthalmic Plastic Surgery & Facial Aesthetics at the National University Hospital (NUH), Singapore, one of the world’s top centres for facial cosmetic procedures. Known for his refined surgical technique, aesthetic precision, and patient-focused care, Dr. Hegde provides advanced solutions for a wide range of cosmetic and reconstructive

conditions. His practice covers both surgical and non-surgical treatments for concerns such as drooping eyelids (ptosis), puffy under-eye bags, hollow tear troughs, facial volume loss, and eyelid deformities. He also manages complex conditions involving the tear ducts and orbital region, including trauma and tumours. Dr. Hegde offers a comprehensive portfolio of services, including upper and lower eyelid cosmetic surgery (blepharoplasty), ptosis correction, tear trough and dark circle correction, brow and forehead lifts, facial scar revision, facial fat transfer for volume restoration, and non-surgical rejuvenation with Botox and dermal fillers. His clinical expertise also extends to procedures such as balloon dacryoplasty, tear duct surgeries (DCR), and eyelid reconstruction. As an oculoplastic surgeon trained in both ophthalmology and facial plastic surgery, Dr. Raghuraj Hegde is widely trusted for his meticulous surgical technique, aesthetic precision, and patient-first approach. Whether it’s correcting signs of aging around the eyes, addressing eyelid conditions, or performing non-surgical enhancements, he tailors every treatment to suit the unique anatomy and goals of each patient. He performs high-precision procedures that preserve vital functions such as eyelid mobility, eye protection, and tear drainage, while delivering naturally beautiful aesthetic results.

Fellowship & Membership

- Fellow of All India Collegium of Ophthalmologists (F.A.I.C.O) - Oculoplastic Surgery.
- All India Ophthalmological Society (AIOS).
- Asia Pacific Society of Ophthalmic Plastic Surgeons (APSOPRS).
- Oculoplastics Association of India (OPAI).
- Karnataka Ophthalmic Society (KOS).
- Bangalore Ophthalmic Society (BOS).
- Director (India), The Vision Mission, Singapore – A non-profit organization providing free eye care in areas of need in Africa, South and East Asia.

Field of Expertise

- Ophthalmic Plastic Surgery is a subspecialty of Ophthalmology which deals with the management of deformities and abnormalities of the orbit (eye socket), eyelids, tear ducts and the face.
- Eyelid Surgeries- Ptosis Correction Surgery, Ectropion & Entropion repair Eyelid Reconstructions.
- Orbital Surgery- Orbitotomies, Enucleation, Evisceration, Exenteration, Socket Reconstruction, Prosthetic Eyes, Dermis Fat Grafting.
- Lacrimal Surgeries- Dacryocystorhinostomy, Balloon Canaliculoplasty & Dacryoplasty.
- Dry Eye Management- Medical and Surgical Treatments.
- Trauma Care – Eyelid & Canalicular laceration repair, Repair of Orbital (eye socket) and other facial fractures.
- Ophthalmic Oncology- Management of various eyes, eyelid, orbital & adnexal tumors, Management of Paediatric Eye cancers like Retinoblastoma, Neuroblastoma, Rhabdomyosarcoma and others.
- Management of Thyroid Eye Disease (TED) and other Orbital Inflammatory Diseases.
- Facial cosmetic procedures- Blepharoplasty, Brow lifts, Facelifts, Botox, Tissue fillers and Facial Rejuvenation, Rehabilitation of facial nerve palsy and other cranial nerve palsies.

Languages Spoken

- English
- Kannada
- Hindi

- Bengali
- Tulu

Awards & Achievements

- Regularly Volunteering Ophthalmologist on Surgical Mission Trips to various parts of India, Sri-Lanka, Vietnam & other countries as a part of The Vision Mission. Singapore.
- Podium Presentation and Panelist at American Society of Ophthalmic Plastic and Reconstructive Surgeons Annual Fall Meeting (ASOPRS) 2014 in Chicago, Illinois, USA.
- Awards for paper and poster presentations in various National and International conferences.
- Invited faculty, Panelist, Moderator, Guest speaker in multiple regional, National and International conferences.
- Recipient of travel grants to present papers at ASOPRS, USA (2014) & APAO, Singapore (2017).
- Publications in several National and International peer-reviewed medical journals.
- Has contributed several chapters in textbooks for under-graduation and post-graduation in Ophthalmology and Dermatology.
- Guest speaker for International Safe Riding Initiative Conference in New Delhi in May 2018. Conference conducted by the Central Road Research Institute (CRRI), Government of India. The topic of the talk was "Impact of using Helmets in preventing facial and head injuries--A Trauma Surgeon's perspective".
- Guest speaker and panelist at Workshop for "Competition issues in the Healthcare and Pharmaceutical Sector" organized by Competition Commission of India (CCI), Government of India in August 2018. The topic of the panel discussion was

“Prescription of generic versus branded drugs: Issues and Way forward''

- Multiple articles published on healthcare and medical procedures in mainstream newspapers and magazines. A regular contributor on Firstpost, Dentcare, Quora and Docplexus.