



## **DR. RAJATH B N**

Specialist - Orthopedics

### **Qualification**

MS - Ortho

### **Overview**

Dr. Rajath B N is a skilled orthopedician in Budigere, currently practising as a Specialist - Orthopedics at Manipal Clinic Budigere, Bangalore. He brings focused clinical expertise in trauma care, knee and hip conditions, and arthroscopy-based musculoskeletal management. Dr. Rajath is recognised for his structured clinical approach to orthopedic diagnosis and conservative-to-interventional treatment planning. His expertise includes trauma care, joint pathology, persistent knee pain, hip discomfort, post-injury stiffness, and sports-related musculoskeletal disorders. He regularly manages fractures, ligament injuries, degenerative joint conditions, and periarticular trauma. Dr. Rajath completed his MBBS from Vydehi Institute of Medical Sciences and Research Centre, Bangalore, where he built a strong foundation in clinical medicine and surgical sciences. He went on to pursue his MS in Orthopedics from Sri Siddhartha Institute of Medical Sciences & Research Centre (SSIMSRC), Davanagere. His clinical training at various institutions helped him be involved in the management of high-volume trauma cases and complex musculoskeletal injuries, strengthening his expertise in

fracture evaluation, ligament injuries, joint degeneration, periarticular trauma, and structured recovery planning. Dr. Rajath places strong emphasis on early diagnosis, prevention of disease progression, and restoration of function through structured rehabilitation. His consultations focus on understanding functional limitations, occupational demands, and lifestyle factors that influence musculoskeletal recovery. He prioritises patient education, ensuring individuals clearly understand their diagnosis, treatment options, and expected recovery trajectory. His approach integrates activity modification, physiotherapy-led recovery protocols, and long-term joint protection strategies where clinically indicated. At Manipal Clinic Budigere, Dr. Rajath focuses exclusively on orthopedic consultations, outpatient evaluation, and follow-up care. He plays a key role in delivering accessible musculoskeletal consultations for patients with joint pain, sports injuries, trauma-related stiffness, and degenerative orthopedic conditions. His role is centred on accurate diagnosis, treatment planning, patient education, and coordination with physiotherapists and rehabilitation teams to ensure continuity of care. Known for his calm clinical manner and clear communication style, Dr. Rajath B N ensures that patients leave consultations informed and reassured. His ability to communicate fluently in English, Hindi, Kannada, and Telugu allows him to connect effectively with a diverse patient population. Patients seeking the best orthopedic doctor in Budigere appreciate his ethical practice, transparent guidance, and commitment to restoring mobility and quality of life through evidence-based orthopedic care.

### **Field of Expertise**

- Trauma
- Knee & Hip Replacement
- Arthroscopy

### **Languages Spoken**

- English
- Kannada
- Telugu
- Hindi

### **Talks & Publications**

- Prospective Study On Distal End Radius Fracture Fixation Using Dynamic External Fixator