

DR. SHIVA KUMAR R

Specialist - Spine Care

Qualification

MBBS | MS (Ortho) | FISS | FESS

Overview

Dr. Shiva Kumar R is a spine care expert in Bangalore, currently practising as a Specialist - Spine Care at Manipal Clinic Budigere Cross. With a focused commitment to diagnosing and treating spinal disorders, Dr. Shiva Kumar offers advanced, evidence-based care in spine surgery and spine-related pathologies. His expertise spans the full spectrum of spinal conditions, including degenerative spine diseases, disc herniation, spinal trauma, and deformities. He is a trusted Spine Specialist in Budigere Cross. Dr. Shiva Kumar completed his MBBS from Vijayanagar Institute of Medical Sciences, Bellary, followed by a MS in Orthopaedics from Government Medical College, Kota. During his postgraduate training, he gained significant exposure in managing trauma cases, sports injuries, arthroscopy, joint replacements, and especially spine-related disorders. His keen interest in spine care led him to pursue a formal Fellowship in Spine Surgery at Lilavati Hospital And Research Centre, which has further refined his surgical skills and enhanced his clinical judgment in handling complex spine conditions. At Manipal Clinic Budigere, Dr. Shiva Kumar evaluates and treats patients with various spinal complaints, ranging from acute

back pain and sciatica to spinal deformities and injuries. He is proficient in diagnosing and managing cervical and lumbar disc prolapse, spinal stenosis, spondylolisthesis, spinal fractures, and infections. He is particularly interested in minimally invasive spine surgery, which helps reduce postoperative discomfort and accelerate recovery. Dr. Shiva Kumar adopts a patient-centric approach, integrating conservative management, rehabilitation, and advanced surgical techniques where necessary. His treatment plans are evidence-based and personalised to offer the best possible outcomes with minimal intervention. He is also passionate about patient education and firmly believes that informed patients are empowered to make better decisions about their health. In addition to his clinical responsibilities, Dr. Shiva Kumar remains actively engaged in academic learning and professional development. He consistently updates his knowledge through participation in medical conferences and training programs, ensuring his practice aligns with the latest advancements in spinal surgery and care. Dr. Shiva Kumar R speaks Kannada and English, which helps him effectively communicate with patients from diverse backgrounds.

Fellowship & Membership

- Fellowship in Spine Surgery - Mumbai
- Fellowship in Endoscopic Spine Surgery - Pune
- ASSI (Association of Spine Surgeons of India)
- BSS (Bangalore Spine Society)

Field of Expertise

- Spine Surgery

Languages Spoken

- Kannada
- English