

DR. ANITHA H G

Consultant - Paediatrician

Qualification

MBBS | MD (Paediatrics)

Overview

Dr. Anitha H G is a paediatrician in Bangalore, currently practising as a Consultant - Paediatrics at Manipal Clinic Budigere Cross. Dr. Anitha H G is a dedicated and compassionate paediatric specialist who provides evidence-based, holistic care to infants, children, and adolescents. With a deep commitment to ensuring the well-being and healthy development of every child under her care, she brings sound clinical knowledge and a patient-focused approach to all aspects of paediatric and neonatal medicine. After completing her MBBS from Bangalore Medical College and Research Institute, Dr. Anitha pursued her MD in Paediatrics from Belagavi Institute of Medical Sciences. Her comprehensive training during this period has equipped her with extensive expertise in diagnosing, managing, and treating many paediatric conditions, from common childhood illnesses to more complex neonatal concerns. Her core areas of clinical interest include general paediatrics, growth and development monitoring, nutritional counselling, immunisations, management of infectious diseases, respiratory illnesses, paediatric emergencies, and neonatal care. Dr. Anitha focuses on offering individualised care plans tailored to each

child's unique needs. She is adept at early detection and intervention for developmental delays, congenital disorders, and chronic paediatric conditions, helping children lead healthy and active lives. She ensures that parents are well-informed about their child’s health, empowering them with the knowledge they need to make confident, informed decisions. As part of her commitment to continuous learning and clinical excellence, Dr. Anitha H G remains current with the latest paediatrics and neonatology advancements. Her evidence-based approach reflects current medical guidelines and best practices, ensuring optimal care for every child. Beyond treatment, Dr. Anitha is passionate about preventive care. She advocates for regular check-ups, timely vaccinations, proper nutrition, and early education about hygiene and healthy habits, recognising their crucial role in shaping a child’s long-term health trajectory. Dr. Anitha H G speaks English, Kannada, Hindi, and Telugu, which enables her to communicate effectively with families from diverse linguistic and cultural backgrounds, fostering comfort and trust in the consultation process.

Field of Expertise

- Paediatrics
- Neonatology

Languages Spoken

- English
- Kannada
- Hindi
- Telugu