

DR. VIJAY KARTHIK B K

Specialist - Orthopaedics

Qualification

MBBS | MS (Orthopaedics) | DNB (Orthopaedics)

Overview

Dr. Vijay Karthik B K is an experienced orthopaedician in Bangalore, practising as a Specialist - Orthopaedics at Manipal Clinic Budigere Cross. Dr. Vijay delivers evidence-based, compassionate musculoskeletal care to patients across all age groups. With robust training and hands-on expertise in biological and conservative orthopaedic treatment, he offers a comprehensive approach to diagnosing and managing various conditions affecting bones, joints, muscles, ligaments, and tendons. He is an expert orthopaedic specialist in Budigere, Bangalore. Dr. Vijay completed his MBBS from Navodaya Medical College and then pursued his MS in Orthopaedics from Vydehi Institute of Medical Sciences, Bangalore, both under Rajiv Gandhi Institute of Health Sciences. He received his DNB in Orthopaedics, reinforcing his academic foundation and surgical acumen. His postgraduate dissertation focused on the Functional Outcome of Combined Anterior Cruciate Ligament Reconstruction with modified Lemaire Extra-Articular Tenodesis in Anterolateral Rotatory Instability, showcasing his interest and skill in sports-related knee injuries and advanced ligament reconstruction techniques. At Manipal

Clinic Budigere Cross, Dr. Vijay Karthik specialises in managing upper and lower limb trauma, both basic and complex, and post-injury rehabilitation. His expertise spans arthroscopy, arthroplasty (joint replacement surgeries), deformity correction, and arthrocentesis. His clinical skills in performing advanced procedures such as ligament reconstructions, joint injections, and corrective osteotomies have helped many patients regain mobility and quality of life. Dr. Vijay's patient-first approach and precise clinical judgement allow him to tailor treatment plans that are not only effective but also aligned with each patient's unique lifestyle and recovery goals. He is equally proficient in managing degenerative joint diseases, inflammatory arthropathies, and complex fractures with a meticulous approach rooted in orthopaedic science. In addition to his surgical and procedural excellence, Dr. Vijay strongly emphasises orthopaedic care. He educates patients on injury prevention, bone health, ergonomics, and lifestyle modifications that support long-term musculoskeletal well-being. His empathetic demeanour and clear communication make him a trusted and approachable doctor for patients and families seeking long-term solutions to chronic pain and mobility challenges. Dr. Vijay Karthik is also deeply invested in academic learning and keeps himself updated with the latest developments in orthopaedic research and surgical techniques. His experience working closely with multidisciplinary teams has enabled him to offer integrated care that addresses every aspect of a patient's orthopaedic journey, from diagnosis to recovery. Dr. Vijay is fluent in English, Kannada, Telugu, Hindi, Tamil, and Bangla. This allows him to provide personalised care for patients from diverse linguistic and cultural backgrounds.

Field of Expertise

- Upper Limb and Lower Limb Basic and Advanced Trauma
- Non-Operative Management Trauma
- Arthroscopy

- Arthroplasty
- Deformity Correction
- Arthrocentesis

Languages Spoken

- English
- Kannada
- Telugu
- Hindi
- Tamil
- Bangla