

DR. VARUN KUMAR A

Specialist - Orthopaedics

Qualification

MBBS | MS (Ortho)

Overview

Dr. Varun Kumar A is a dedicated orthopaedic surgeon in Bangalore. He is currently practising at Manipal Clinics Budigere, as a Consultant - Orthopaedic Surgery, bringing extensive expertise in a wide range of orthopaedic specialities. With an MBBS and MS in Orthopaedics, Dr. Varun has developed a comprehensive skill set through rigorous training and hands-on experience in various aspects of orthopaedic care. His field experience includes orthopaedic trauma management, joint replacement surgeries, sports injury treatment, paediatric orthopaedics, spine care, and physiotherapy. Dr. Varun is proficient in diagnosing and treating a variety of orthopaedic conditions, from arthritic and inflammatory diseases to fractures and joint issues. His expertise extends to conservative and surgical management, post-operative rehabilitation, and pain management. He has acquired substantial experience in trauma care and surgical interventions under the guidance of veteran orthopaedic surgeons, including arthroplasty, arthroscopy, and limb salvage surgeries. He is the Best Orthopedic Surgeon in Bangalore. The academic achievements of Dr. Varun Kumar are marked by distinctions in Biochemistry and Ophthalmology during

his MBBS from RGUHS. He has also been recognised for his performance in state and national quizzes, including the 2nd prize in the state-level RNTCP quiz and the World Mental Health Day quiz competition. His training includes Basic Life Support (BLS) and Advanced Trauma Life Support (ATLS), which complements his clinical skills. The research and academic contributions of Dr. Kumar include a dissertation on "Comparative Study to Evaluate the Functional Outcome Between Intramedullary Nailing and Plate Fixation of Midshaft Clavicle Fractures," as well as a published paper on "The Role of Adductor Tubercle As A Landmark to Determine the Joint Line Level In Total Knee Arthroplasty." He has also presented his findings on hyperphosphatemic tumoral calcinosis and giant cell tumours at notable conferences such as OASISCON 2022 and KOACON 2022. In addition to his clinical skills, Dr. Varun’s commitment to patient care is demonstrated through his participation in extracurricular activities, including cricket and badminton, reflecting his balanced approach to life and work. Being multilingual, he is fluent in English, Kannada, Telugu, Hindi, Tamil, and Bengali. This allows him to effectively communicate with a diverse patient population, ensuring comprehensive care tailored to individual needs.

Field of Expertise

- Orthopaedic Trauma
- Joint Replacement
- Sports Injury
- Paediatric Orthopaedics
- Spine Care
- Physiotherapy

Languages Spoken

- English
- Kannada
- Telugu
- Hindi
- Tamil
- Bengali

Awards & Achievements

- Distinction in Biochemistry and Ophthalmology subjects in RGUHS Examinations During MBBS.
- 2nd Prize in State level RNTCP Quiz Held in AIMS, B.G. Nagara in March 2017.
- 2nd Prize in the World Mental Health Day Quiz Competition Held by the Psychiatry Department in AIMS, B.G. Nagara in October 2017.
- Basic Life Support (BLS) and Advanced Trauma Life Support (ATLS) training received and Certified.
- EXTRACURRICULARS
- Member of RGUHS- Mysore Inter-zonal Cricket Championship Winning team (2016-2017).
- 1st place in Singles and Doubles event of Badminton Tournament conducted by BOSCON 2023."

Talks & Publications

- Dissertation - “COMPARATIVE STUDY TO EVALUATE THE FUNCTIONAL OUTCOME BETWEEN INTRAMEDULLARY NAILING AND PLATE FIXATION OF MIDSHAFT CLAVICLE FRACTURES” under the Guidance of Dr. Vishwanath. M.S
- Paper Publication: - The Role of Adductor Tubercle As A Landmark To Determine The Joint Line Level In Total Knee

Arthroplasty. DOI: 10.48047/NQ.2022.20.18.NQ.88124

- Paper Presentation: - Hyperphosphatemic Tumoral Calcinosis – A Rare Differential Of Periarticular Swelling presented at OASISCON 2022
- Poster Presentation: - Giant Cell Tumor (GCT) Of Medial Cuneiform – A Rare Entity presented at KOACON 2022