

DR. ANOOP K R

Consultant - Gastrointestinal Science

Qualification

MBBS | MD(General medicine) | DNB (Gastroenterology)

Overview

Dr. Anoop K R is an experienced gastroenterologist in Bangalore. He is currently practising as Consultant - Medical Gastroenterology at Manipal Clinic Budigere Cross. Dr. Anoop brings a strong foundation in internal medicine and advanced gastroenterology, with a patient-centric approach focusing on precise diagnosis and effective treatment. He routinely manages complex gastrointestinal, pancreatic, and hepatobiliary disorders using advanced, minimally invasive techniques, with a special interest in diagnostic and therapeutic endoscopy. Dr. Anoop completed his MBBS from SMS Medical College and later pursued an MD in General Medicine. He further specialised in gastroenterology through the DNB programme and underwent a Fellowship in Advanced Endoscopy from Manipal Hospitals. This extensive academic background enables him to combine clinical acumen with the latest technological advancements. His clinical expertise includes performing high-end procedures such as Endoscopic Retrograde Cholangiopancreatography (ERCP), Endoscopic Ultrasound (EUS), Endoscopic Mucosal Resection (EMR), and Endoscopic Submucosal Dissection (ESD). These techniques are vital for

diagnosing and treating biliary, pancreatic, and gastrointestinal diseases, often avoiding more invasive surgeries. He is also proficient in performing esophageal and anorectal high-resolution manometry, which is essential for evaluating functional motility disorders of the digestive tract. Dr. Anoop is particularly interested in small bowel disorders and is adept at performing Push and Double Balloon Enteroscopy. These advanced techniques allow for deep access into the small intestine, facilitating diagnosis and treatment of conditions that are otherwise difficult to manage through conventional methods. He adopts a comprehensive, evidence-based approach in treating disorders such as inflammatory bowel disease, gastroesophageal reflux disease, peptic ulcer disease, and chronic liver conditions. He is an active member of the Indian Society of Gastroenterology and the American College of Gastroenterology. These affiliations ensure that he remains updated with global clinical guidelines and advancements, which he seamlessly incorporates into his practice. Dr. Anoop has also contributed to academic platforms, including oral and poster presentations at prestigious medical conferences. Dedicated to continuous learning and compassionate care, Dr. Anoop K R actively engages in patient education, helping individuals understand their conditions and participate in the treatment process. He believes clear communication and early diagnosis are pivotal in long-term digestive health. Dr. Anoop speaks English, Kannada, Hindi, and Marathi, enabling him to communicate effectively with a diverse patient population.

Fellowship & Membership

- Fellowship in advanced endoscopy from Manipal hospital, Bengaluru.
- Indian society of gastroenterology.
- American college of gastroenterology.

Field of Expertise

- Diagnostic and therapeutic endoscopy
- ERCP and Diagnostic EUS
- EMR and ESD
- Esophageal and anorectal high-resolution manometry
- Push and Double balloon enteroscopy

Languages Spoken

- English
- Kannada
- Hindi
- Marathi

Awards & Achievements

- Won south zonal quiz competition on HIV/AIDS conducted by NACO in 2004-05.

Talks & Publications

- Poster presentation in APICON 2010- B/L lower limb DVT secondary to occult papillary carcinoma of thyroid.
- Oral paper presentation in ISGCON- 2019- Role of minor papilla pancreatic endotherapy in pancreas divisum with recurrent acute pancreatitis and chronic pancreatitis.