



## MH Clinic - Brookefield - Bengaluru

Consultant - Shoulder Surgery, Sports Medicine, Arthroscopy

### Qualification

MBBS | dnb Ortho | d Ortho (shoulder, Sports Medicine) | Fellow in Shoulder Surgery | Fellowship - Shoulder and Sports Trauma

### Fellowship & Membership

- Fellowship In Shoulder & Elbow - Funabashi Orthopaedic Hospital, Japan
- Fellow In Sports Trauma And Arthroscopy, Uoeh, Fukuoka, Japan
- Fellow In Shoulder And Sports Surgery(hallym University- South Korea)
- Visiting Fellow Shoulder Surgery, [subiaco Clinic- Australia]
- Fellowship Training In Arthroscopic Latarjet Surgery - Spain
- Fellowship Training In Superior Capsular Reconstruction - Japan
- Robotic Joint Replacement Fellowship, Usa
- Deputy Arthroplasty Fellow[apollo Hospitals- India]

### Field of Expertise

- Rotator Cuff Injury Treatment
- Bankart Repair
- Shoulder SLAP (Tear) Lesions
- ACL Reconstruction
- Cartilage Surgery
- Joint Replacement Surgery
- Frozen shoulder Physiotherapy
- Shoulder Replacement
- Ligament Reconstruction
- Shoulder Pain
- reverse shoulder arthroplasty
- biceps tendinitis
- shoulder injection
- Knee Replacement
- tennis elbow physiotherapy
- Ligament Injury

### Languages Spoken

- English
- Kannada
- Tamil
- Hindi
- Malayalam

## Talks & Publications

- Article: Tribological changes in the articular cartilage of a human femoral head with avascular necrosis
- Eun-Min Seo, Suman K Shrestha, Cong-Truyen Duong, Ashish Ranjan Sharma, Tae-Woo Kim, Ayyappan V.Nair, Mark S Thompson, Myung Guk Cho, Sungchan Park, Kwanghoon Kim, Sang-Soo Lee, Seonghun Park
- Biointerphases 06/2015;10(2):8.DOI:10.1116/1.4919020-2.68 Impact Factor
- Article: Stress Distribution in Superior Labral Complex and Rotator
- Cuff During In Vivo Shoulder Motion: A Finite Element Analysis
- Seong W. Jang, Yon-Sik Yoo, Hwang-Young Lee, Kim S. Yoon, Pranay K. Srivastava, Ayyappan V. Nair
- Arthroscopy The Journal of Arthroscopic and Related Surgery06/2015;
- DOI:10.1016/j.arthro.2015.04.082-3.19 Impact Factor
- Shoulder Dislocation - Dr. Ayyapan V Nair, Consultant - Shoulder Surgery, Sports Medicine and Arthroscopy, Manipal Hospital Jayanagar.[Click Here](#)