

DR. SHIVANI MEHTA

Consultant – Obstetrics & Gynaecology

Qualification

MBBS | DGO | DNB | FMAS

Overview

Dr. Shivani Mehta is an obstetrician and gynaecologist in Brookefield, Bangalore. She brings 7+ years of experience in high-risk pregnancy management, emergency obstetric care, minimally invasive gynecologic surgery, and preventive women's health. Dr. Shivani Mehta is currently practising as a Consultant - Obstetrics & Gynaecology at Manipal Clinic Brookefield, Bangalore, where she provides comprehensive, evidence-based consultations and outpatient care for women with a wide range of reproductive, menstrual, and maternal health conditions. Recognised for her patient-centred approach and structured treatment philosophy, Dr. Shivani is regarded as one of the best gynaecologists in Brookefield, Bangalore. Dr. Shivani completed her foundational MBBS and Diploma in Gynaecology and Obstetrics (DGO) from the prestigious MGM Medical College, Indore, graduating as a Gold Medalist in Obstetrics & Gynaecology. She achieved her DNB in Obstetrics & Gynaecology from Manipal Hospital Old Airport Road, Bengaluru, and earned a Fellowship in Minimal Access Surgery (FMAS) to master advanced laparoscopic and hysteroscopic techniques. At Manipal Clinic Brookefield, Dr. Shivani

offers specialised outpatient consultations and clinical evaluations. Her expertise covers comprehensive antenatal and postnatal care, high-risk pregnancy management, infertility evaluation, cervical cancer screening (colposcopy), menstrual disorders, menopausal health, and family planning. Dr. Shivani also serves as a certified MOHFW Master Trainer for Gestational Diabetes Mellitus (GDM) and Cervical Cancer Screening, actively contributing to preventive women's healthcare initiatives. She has particular experience in the management of high-risk pregnancies and emergency obstetric situations. Her training has also included caesarean sections and instrumental vaginal deliveries, along with exposure to minimally invasive gynaecological procedures such as laparoscopy and hysteroscopy. These areas of training support her ability to provide informed consultations and guide women towards appropriate treatment when further intervention is required. Dr. Shivani has also contributed to academic activities, including a paper presentation on “Near Miss Maternal Mortality” at HRPCON. Her academic interests, clinical training, and continued engagement with women's health enable her to incorporate evidence-based practices into her consultations. Fluent in English and Hindi, Dr. Shivani couples her technical clinical precision with an approachable and clear communication style. She prioritises patient empowerment through detailed diagnostic explanations, transparent consultation workflows, and dedicated preventive health planning.

Field of Expertise

- High-Risk Obstetrics
- Comprehensive Pregnancy Care
- Emergency Obstetric Management
- Minimally Invasive Gynecologic Surgery
- Infertility Management
- Reproductive Health
- Women's Wellness

- Preventive Gynecology
- Cervical Cancer Screening
- Colposcopy
- Antenatal & Postnatal Care
- Menstrual and Menopausal Health
- Family Planning
- Evidence-Based Women's Healthcare
- Patient-Centered Gynecological Care

Languages Spoken

- English
- Hindi

Awards & Achievements

- Gold Medal In Obstetrics & Gynecology

Talks & Publications

- MOHFW MasteR Trainer Cervical Cancer Screening & Gestational Diabetes Mellitus