

DR. RAJATH B N

Specialist - Orthopaedics

Qualification

MS - Ortho

Overview

Dr. Rajath B N is an orthopaedic specialist in Brookefield with focused expertise in trauma care, knee and hip disorders, arthroscopy, and musculoskeletal rehabilitation. He is currently practising as a Specialist – Orthopaedics at Manipal Clinic Brookefield, Bangalore, bringing over 4+ years of clinical experience in orthopaedic consultations, fracture management, sports injury evaluation, and joint preservation care. His expertise in trauma management, knee and hip conditions, and functional recovery has established him among the best orthopaedic doctors in Brookefield for structured musculoskeletal consultations and long-term mobility care. Dr. Rajath completed his MBBS from Vydehi Institute of Medical Sciences and Research Centre, Bangalore, before pursuing his MS in Orthopaedics from Sri Siddhartha Institute of Medical Sciences & Research Centre (SSIMSRC), Davanagere. His postgraduate training provided extensive exposure to trauma surgery, fracture fixation, sports injuries, joint disorders, and orthopaedic rehabilitation. He further strengthened his clinical expertise while working as Registrar in Orthopaedics at Manipal Hospital, Whitefield. At Manipal Clinic Brookefield, Dr. Rajath primarily focuses on outpatient

consultations, clinical assessment, rehabilitation planning, and follow-up management for patients with joint pain, fractures, knee pain, hip pain, ligament injuries, shoulder discomfort, arthritis, post-traumatic stiffness, sports injuries, and degenerative orthopaedic conditions. His consultation approach is centred on identifying the root cause of pain, movement restriction, instability, or post-traumatic dysfunction. His expertise also includes periarticular trauma, fracture rehabilitation, and conservative orthopaedic care aimed at reducing long-term disability and improving quality of movement. Dr. Rajath places strong emphasis on non-operative orthopaedic management whenever clinically appropriate. His consultations often involve detailed counselling regarding physiotherapy, activity modification, posture correction, strengthening protocols, weight management, and recovery timelines. He works closely with physiotherapists and rehabilitation teams to ensure continuity of care, particularly in patients recovering from ligament injuries, mobility limitations, and post-surgical stiffness. Known for his calm consultation style and practical treatment guidance, Dr. Rajath ensures patients clearly understand their diagnosis, imaging findings, treatment options, and expected recovery process. He communicates fluently in English, Kannada, Hindi, and Telugu, helping patients from varied backgrounds feel comfortable during consultations. His patient-focused approach, combined with his expertise in trauma and joint care, continues to make him a trusted name for orthopaedic consultations and musculoskeletal care in Brookefield.

Field of Expertise

- Trauma
- Knee & Hip Replacement
- Arthroscopy

Languages Spoken

- English
- Kannada
- Telugu
- Hindi

Talks & Publications

- Prospective Study On Distal End Radius Fracture Fixation Using Dynamic External Fixator