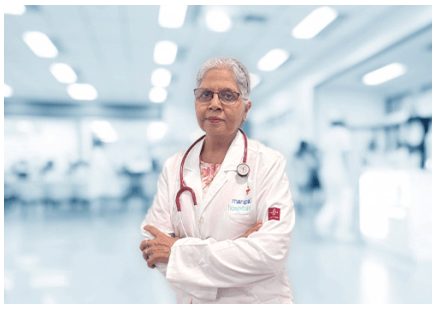


DR. (MAJ.) HARVINDER KAUR PALAHA

Consultant - Paediatrics

Qualification

MBBS | MD (Paediatrics)

Overview

Dr. (Maj.) Harvinder Kaur Palaha is a highly skilled paediatrician in Brookefield. She is currently practising as a Consultant – Paediatrics at Manipal Clinic Brookefield, Bangalore, bringing over 4 decades of unparalleled clinical expertise to the care of children, neonates, and adolescents. Her vast experience spans general paediatrics, neonatal intensive care, and maternal-child health, and she is renowned for combining advanced medical knowledge with compassionate, family-centred care. Dr. Palaha's practice is marked by meticulous attention to detail, evidence-based interventions, and a strong commitment to improving the health and well-being of every child under her care. Recognised as one of the best paediatricians in Brookefield, she has consistently demonstrated excellence in both routine paediatric care and complex neonatal and paediatric intensive care interventions. Throughout her extensive career, Dr. Palaha has served in a variety of national and international settings, giving her a unique perspective on paediatric healthcare, including the Indian Armed Forces. She has been deeply involved in community health programs, including her role as Program Director for Maternal and Child Health at SNEHA (Society for

Nutrition, Education, and Health Action) in Mumbai, where she spearheaded initiatives to improve health outcomes in underserved populations. This extensive background equips her to handle everything from routine well-child check-ups to critical neonatal emergencies with precision and care. Dr. Palaha's academic and research credentials are equally impressive. She completed her MBBS with 1st rank and MD in Paediatrics from RNT Medical College, Udaipur, followed by specialised training in Neonatology and Paediatric Immunology at BJ Wadia Hospital for Children, Mumbai. Over the years, she has contributed extensively to medical research, presenting and publishing studies on topics such as Kangaroo Mother Care in urban slums, maternal and neonatal health improvements, and rare paediatric conditions. Her work has been recognised at national and international conferences, highlighting her dedication to advancing paediatric knowledge and improving child health outcomes globally. At Manipal Clinic Brookefield, Dr. Palaha provides comprehensive paediatric care that encompasses preventive, diagnostic, and therapeutic services. Her areas of expertise include neonatal care, paediatric intensive care, management of paediatric infections, immunisation, nutrition counselling, and growth and developmental monitoring. She is particularly adept at managing critically ill newborns and high-risk infants, ensuring that they receive cutting-edge care that supports long-term growth and health. Dr. Palaha is also committed to educating parents, guiding them through complex health decisions with empathy and clarity, and empowering families to actively participate in their child's care. Dr. Palaha's multilingual proficiency in English, Hindi, and Punjabi allows her to communicate effectively with a diverse patient population, fostering trust and collaboration. Her unwavering dedication to excellence, combined with a deep understanding of child health, positions her as one of the best paediatricians in Brookefield. At Manipal Clinic Brookefield, Bangalore, she continues to elevate the standards of paediatric care, ensuring every child receives personalised, high-quality treatment in a

compassionate environment.

Fellowship & Membership

- Fellowship in Neonatology 2005, B J Wadia Hospital For Children, Mumbai.

Field of Expertise

- Professional Experience of nearly 40 years, including 10 years in the Indian Armed Forces as Classified Paediatricians.
- Research Officer in AIIMS, Delhi, Paediatric Intensivist, Jaslok Hospital, Mumbai.
- Head Of Department, Senior Neonatologist, Aga Khan Hospital, Dar Es Salaam, Tanzania.
- Program Director, Maternal and Child Health Program.
- SNEHA (Society for Education, Nutrition and Health Action), Associate Professor in KJ Sommaiya Medical College and Hospital, Mumbai.

Languages Spoken

- English
- Hindi
- Punjabi

Awards & Achievements

- IInd rank in MBBS
- VIIIth Rank in University