

DR. RASHMI D

Consultant - Neurology

Qualification

MBBS | MD - Paediatrics | DM - Neurology

Overview

Dr. Rashmi D is an experienced neurologist in Bangalore with specialisation in adult and paediatric neurology. She is practising as a Consultant - Neurology at Manipal Clinic Brookefield. With a strong academic foundation and years of clinical experience, Dr. Rashmi is known for providing comprehensive and compassionate neurological care. She is committed to delivering evidence-based treatments while tailoring her approach to meet each patient’s needs. On the academic front, Dr. Rashmi completed her MBBS and MD in Paediatrics from Bangalore Medical College and Research Institute, followed by her DM in Neurology from National Institute of Mental Health and Neurosciences (NIMHANS), Bangalore. This rigorous training has made her proficient in handling acute and chronic neurological disorders across all age groups. Dr. Rashmi’s clinical interests encompass a wide range of neurological conditions, including epilepsy, stroke, movement disorders, autoimmune encephalitis, headaches, dementia, multiple sclerosis, neuropathies, and seizure disorders. She is skilled in acute stroke management, including thrombolysis, which can significantly reduce disability when administered promptly. Her expertise also

extends to managing neurological emergencies and conducting advanced diagnostic procedures such as Nerve Conduction Studies (NCS), Electromyography (EMG), and Electroencephalography (EEG). She is adept at performing nerve, muscle, and skin biopsies for diagnostic clarity and therapeutic planning. She is particularly experienced in paediatric neurology, where she combines her dual training in paediatrics and neurology to manage complex conditions like developmental delays, autism spectrum disorders, cerebral palsy, metabolic disorders, and genetic neurological syndromes. Dr. Rashmi also utilises advanced therapies like Botox for neurological indications and implements specialised dietary protocols like the ketogenic diet for children with refractory epilepsy. Dr. Rashmi has received several prestigious academic honours, including the Dr. S. G. Desai Gold Medal in Paediatrics and multiple merit certificates during her medical education. In 2023, Outlook Magazine recognised her among the top paediatric neurologists from South India, a testament to her dedication and excellence in the field. Dr. Rashmi believes in empowering patients with the knowledge and support they need to participate actively in their treatment journey. She speaks English, Kannada, Telugu, Hindi, Tamil, and Bangla, enabling her to connect with a linguistically diverse population and ensure personalised care in their preferred language.

Fellowship & Membership

- RGUHS Dr. S.G. Desai Gold Medal in Paediatrics - Highest marks in Paediatrics in Final year MBBS Exam in Karnataka
- RGUHS Karnataka Pedicone Gold medal in Paediatrics
- BMC Alumni Association Gold medal in community medicine
- BMC Convocation Certificate of Merit in Paediatrics
- BMC Convocation certificate of merit in Community Medicine
- Awarded one of the Top Paediatric Neurologists from South by Outlook Magazine 2023.

Field of Expertise

- Aseptic meningitis followed by bilateral optic neuritis : an uncommon

Languages Spoken

- English
- Kannada
- Telugu
- Hindi
- Tamil
- Bangla

Awards & Achievements

- Life Member of Indian Academy of Neurology - LM - 1996
- Life Member of the Indian Academy of Paediatrics
- Member of the American Academy of Neurology
- Part of the VAERS worldwide network on COVID vaccination complications
- Member of the Global COVID-19 Neuro Coalition
- Life free membership of ICNA - International Child Neurology Association
- Life member of AOCN - Association of Child Neurology
- Member of the International Parkinson’s and Movement Disorder Society
- Life Member of the World Headache Society
- Life Member of the Society of Neurosonology
- Life Member of the Indian Stroke Association