

DR. SHIVAKUMAR VARAKANAHALLI

Consultant - Gastrointestinal Science

Qualification

MBBS | MD | DM Gastroenterology (GB Pant Hospital, New Delhi)

Overview

Dr. Shivakumar Varakanahalli is a dedicated gastroenterologist in Bangalore, currently practising as a Consultant – Gastroenterology at Manipal Clinic, Brookefield. With extensive training and experience in gastroenterology, Dr. Shivakumar has established himself as an expert in the diagnosis and treatment of a wide array of gastrointestinal disorders like Pancreatic Disorders, Dyspepsia, Chronic Diarrhoea, Reflux Disease, and Inflammatory Bowel Disorders like Ulcerative Colitis and Crohn's disease. He is an expert in therapeutic endoscopic procedures like Colonoscopy, Upper GI Endoscopy, ERCP, and Enteroscopy. Dr. Shivakumar is also skilled in clinical hepatology and provides treatments for viral hepatitis, fatty liver, liver cirrhosis, alcoholic liver disease, and liver cancer. He is the Best Medical Gastroenterologist in Brookefield. Dr. Shivakumar completed his MBBS from Mysore Medical College and Research Institute, Karnataka, followed by an MD in General Medicine from Rabindranath Tagore Medical College, Rajasthan. He further pursued a DM in Gastroenterology from GB Pant Postgraduate Institute of Medical Education and Research, New Delhi. This has equipped him with vast

knowledge and hands-on experience in handling complex cases. During his time there, Dr. Shivakumar gained proficiency in performing over 500+ ERCPs (Endoscopic Retrograde Cholangiopancreatography) and more than 1000+ gastrointestinal procedures. Dr. Shivakumar has a keen research interest and has authored numerous publications in well-known medical journals. His work includes studies on cirrhosis, portal vein obstruction, and bile duct dilatation, as well as the application of novel diagnostic and therapeutic techniques such as endoscopic ultrasound and the over-the-scope clip system. He has also contributed to the understanding of rare conditions such as Brunner's Gland Hamartoma and exophagic tuberculosis. In addition to his clinical practice, Dr. Shivakumar has presented his research at various national and international conferences, including the Asia-Pacific Association for the Study of the Liver (APASL) and the European Association for the Study of the Liver (EASL). He has received multiple awards, including a plenary oral presentation award at INASL 2017 and recognition at the International Liver Congress in Paris. Dr. Shivakumar remains committed to advancing his field through continuous education and participation in specialized workshops. His focus areas include therapeutic endoscopy, hepatology, liver transplantation, and managing gastrointestinal and liver disorders. A compassionate and patient-centric doctor, Dr. Shivakumar ensures the best possible outcomes for his patients by combining his technical expertise with personalized care.

Fellowship & Membership

- Member of European Society for the Study of Liver.

Field of Expertise

- Diagnostic and therapeutic endoscopic procedures include

Upper GI endoscopy, colonoscopy, enteroscopy, ERCP.
- Clinical hepatology (Viral hepatitis, liver cancer, alcoholic liver disease, fatty liver, cirrhosis and others).
- Pancreatic disorders (Acute and chronic pancreatitis, pancreatic tumors).
- Functional bowel disorders (IBS, Dyspepsia, reflux disease, gastritis).
- Chronic constipation, defecatory disorders, Chronic diarrhea.
- Inflammatory bowel disorders (Crohn's and ulcerative colitis).
- Gastrointestinal emergencies including GI bleeds.

Languages Spoken

- English
- Hindi
- Kannada

Awards & Achievements

- Grant by Liver Care Foundation at New Delhi for APASL 2016 in Tokyo.
- Plenary oral session award at INASL 2017.
- Young Investigator award on a research paper at the International Liver Congress 2018 in Paris.
- First position for North Zone in TYSA 2013 at New Delhi.

Talks & Publications

- Gastric Varices in Cirrhosis vs. Extrahepatic Portal Venous Obstruction and Response to Endoscopic N-butyl-2-cyanoacrylate Injection. Barjesh C Sharma, Shivakumar

Varakanahalli, Jatinder Pal Singh, Siddharth Journal OF Clinical and Exp. Hepatology. [22 Feb 2017, 7(2):97-101].

- Spontaneous Pseudocystocolonic Fistula: An Unusual Complication of Acute Pancreatitis. Dahale AS, Varakanahalli S, Jha L, Sud S, Kumar A, Sachdeva S, Puri AS. Am J Gastroenterol. 2016 Aug;111(8):1088.
- Over-the-scope-clip system for management of upper gastrointestinal defects: A pilot study Amol S Dahale, Siddharth Srivastav, Pritul D Saxena, B C Sharma, Shivakumar Varakanahalli. Indian J Gastroenterol (November 2015) 34 (Suppl 1):A1–A104.
- Brunner's Gland Hamartoma – A Rare Cause of Upper GI Bleed: Report of Two Cases Emphasising Pathogenesis. Rakesh Kumar Gupta, Ravindra Kumar Saran, Shivakumar Varakanahalli and Amarinder Singh Puri. Annals of Pathology and Lab Medicine. 2016. Oct-Dec.
- Prevalence of microalbuminuria in patients with non-diabetic acute ischemic stroke Muralidhara N, Ravindra Rajanna, Shivakumar Varakanahalli, Vijay Kumar Goyal. Int J Res Med Sci. 2015; 3(4): 954-957.
- P-HPB-13: Spectrum of obscure common bile duct dilatation: Role of endoscopic ultrasonography. Amol Dahale, Siddharth Srivastava, Sanjeev Sachdeva, Shivakumar Varakanahalli, and Ajay Kumar. Endosc Ultrasound. 2017 Aug; 6(Suppl 1): S21.
- Usefulness of Aim 65 Scoring System in Predicting Rebleed and Prognosis Portal Hypertensive Bleed Patients With Underlying Cirrhosis. Amol S.Dahale, Ajay Kumar, SiddharthaSrivastava, ShivakumarVarakanahalli, SanjeevSachdeva, Amarender S.Puri; Journal of Clinical and Experimental Hepatology; Vol 7, Supplement 2, July 2017, Pages S65-S6.
- Endoscopic ultrasound-guided cytodiagnosis of adrenal histoplasmosis with reversible cd4 t-lymphocytopenia and jejunal lymphangiectasia Rakesh K Gupta1, Kaushik

Majumdar1, Siddharth Srivastava2, Shivakumar Varakanahalli2, Ravindra K Saran Journal of Cytology; Volume: 35 | Issue: 2 | 2018 Page: 110-11.

- Oesophagal tuberculosis: Uncommon of common. Amol S Dahale, Ajay Kumar, Siddharth Srivastava, Shivakumar Varakanahalli, Sanjeev Sachdeva and Amarender S Puri JGH Open: An open-access journal of gastroenterology and hepatology (2018) 34–38.
- Secondary prophylaxis of hepatic encephalopathy in cirrhosis of the liver: A double-blind randomized controlled study of L-ornithine L-aspartate versus placebo. Shivakumar Varakanahalli, Barjesh C Sharma, Siddharth Srivastava, Sanjeev Sachdeva and Amol S Dahale European Journal of Gastroenterology and Hepatology.
- Plenary oral session award at INASL 2017 for oral presentation on paper on prophylaxis of hepatic encephalopathy.
- Oral paper presented at the International Liver Congress 2018 at Paris with Young Investigator award on research paper on secondary prophylaxis of HE, an RCT of LOLA vs placebo.
- Poster presentation at APASL 2016 on Gastric varices in cirrhosis vs EHPVO.
- Poster presentation at ISKCON 2016 on Ulcerative colitis in adolescents.
- Poster presentations at ENDOCON 2017 on Obscure CBD dilatation and risk stratification in portal hypertensive bleed with AIM 65 scoring system.