

**DR. GOUTHAM SRINIVAS**

Consultant - Internal Medicine

**Qualification**

MBBS | MD (General Medicine)

## Overview

Dr. Goutham Srinivas is a dedicated internal medicine specialist at Clinic Begur, Bangalore, bringing over 11+ years of comprehensive clinical experience in adult healthcare, acute medical care, chronic disease management, and preventive wellness. He currently practices as Consultant - Internal Medicine at Manipal Hospital Jayanagar. Dr. Goutham possesses specialised expertise in the diagnosis and management of acute systemic illnesses, long-term chronic lifestyle disorders, emergency medical stabilisation, laboratory and radiological test interpretation, and comprehensive health checks. His evidence-based clinical approach and dedication to complete patient recovery establish him as one of the best general physicians in Clinic Begur. Dr. Goutham earned his MBBS from Al-Ameen Medical College, Bijapur in 2015 and completed his MD in General Medicine from Akash Institute of Medical Sciences and Research Centre in 2025. Following his post-graduation, Dr, Goutham also went on to pursue a Fellowship in Diabetes Management (FIDM) in association with Royal Liverpool Academy, UK. His medical education and clinical background provide a strong foundation in diagnostic problem-solving, acute medical care,

and systematic inpatient and outpatient disease management. At Manipal Hospital Jayanagar, Dr. Goutham manages a wide range of acute and chronic conditions affecting adult patients. His acute medical practice covers seasonal viral fevers, dengue, malaria, typhoid, acute respiratory infections, pneumonia, and complicated urinary tract infections. In chronic disease management, he focuses on glycemic control in Type 2 diabetes mellitus, hypertension, dyslipidemia, metabolic syndrome, fatty liver disease, and thyroid disorders, prioritising structured therapies that prevent long-term organ complications. In addition to primary medical care, Dr. Goutham provides perioperative medical optimisation, including thorough pre-operative risk assessments and post-operative medical follow-up for surgical patients. He places strong emphasis on preventive healthcare, routine health checks, and personalised lifestyle counselling to identify and manage health risks early. Fluent in English, Kannada, and Hindi, Dr. Goutham ensures clear, compassionate communication with patients and families, making him a top internal medicine specialist in Clinic Begur.

### Field of Expertise

- Diagnosis & Management Of Acute & Chronic Illnesses
- Inpatient & Outpatient Care
- Emergency Medicine
- Preventive Medicine
- Diagnostic Interpretation (Lab & Radiology)
- Health Checks
- Pre- & Post-Operative Management

### Languages Spoken

- Kannada

- Hindi
- English