

DR. RANJITHA NS

Consultant - Internal Medicine

Qualification

MBBS | MD | MRCP

Overview

Dr. Ranjitha N S is a top internal medicine specialist in Bangalore with over 13+ years of experience. Currently practising as a Consultant - Internal Medicine at Manipal Begur Clinic, Dr. Ranjitha maintains a patient-focused approach to diagnosing and managing complex medical conditions. She holds an MBBS from Rajarajeshwari Medical College & Hospital and an MD in Internal Medicine from Dr. B.R. Ambedkar Medical College under the Rajiv Gandhi University of Health Sciences. Further enhancing her clinical acumen, she is also a Member of the Royal College of Physicians (MRCP), UK. Her academic journey reflects a deep commitment to evidence-based medicine, research, and lifelong learning. Dr. Ranjitha offers expert care for various acute and chronic conditions, including diabetes, hypertension, thyroid disorders, infectious diseases, and autoimmune illnesses. Her holistic approach ensures that each patient receives comprehensive and individualised treatment. She is particularly adept at managing lifestyle-related diseases and geriatric health concerns, focusing on preventive care and long-term disease management. Known for her methodical evaluations and empathetic care, Dr. Ranjitha integrates current

medical guidelines with advanced diagnostic tools to deliver high-quality care. Her patients value her keen listening skills and her taking the time to explain medical conditions and treatment plans in simple, reassuring language. She believes in empowering patients with knowledge so they can actively participate in their recovery and long-term wellness. In addition to her clinical expertise, Dr. Ranjitha N S has presented at national medical conferences and published a case report in the Oxford Medical Case Reports. She is committed to keeping up with evolving medical protocols through active participation in CMEs and workshops, including those focused on cardiology, endocrinology, geriatrics, and pulmonary medicine. Her scholarly interests include metabolic syndrome, thyroid disorders, and the impact of systemic diseases on pulmonary function. Dr. Ranjitha believes that every patient deserves care that is not only clinically sound but also emotionally supportive. Her calm demeanour and compassionate nature put patients at ease, especially those with long-term illnesses requiring regular follow-up and monitoring. She focuses on improving patient outcomes while ensuring comfort, dignity, and quality of life. Fluent in English, Kannada, Hindi, Tamil, and basic Malayalam, Dr. Ranjitha N S ensures seamless communication with patients from diverse backgrounds, fostering trust and clarity at every stage of the healthcare journey.

Field of Expertise

- Management of Chronic Illness- Diabetes, Hypertension, Lipid & Thyroid disorders
- Chronic Lung Conditions - Asthma, COPD
- Nutritional Deficiencies
- Head Aches
- Common skin & Hair conditions
- Joint Ailments
- Geriatric Care

- Infection Disease

Languages Spoken

- English
- Kannada
- Hindi
- Tamil
- Basic Malayalam

Talks & Publications

- Case Report on Neuromyelitis Optica and Autoimmune Thyroiditis – Oxford Medical Case Reports Volume 2015, Issue 10, published October 2015.
- Oral presentation on Metabolic Syndrome and Carotid Intima Media Thickness in Male Hypothyroid Patients at APICON 2015, Gurgaon, Haryana.