



DR. DEBARGHYA CHATTOPADHYAY

Consultant - Pain and Rehabilitation Medicine

Qualification

MBBS | MD (Physical Medicine and Rehabilitation)

Overview

Dr. Debarghya Chattopadhyay is a Consultant in Pain and Rehabilitation Medicine associated with Manipal Hospital Broadway, Salt Lake, Kolkata. He holds an MBBS degree and an MD in Physical Medicine and Rehabilitation. His listed areas of specialisation include pain management, arthritis, neurorehabilitation and paediatric rehabilitation. He has also completed a certificate course in rheumatoid arthritis and has a special interest in rheumatology. His professional background combines undergraduate medical education at Midnapore Medical College and Hospital, work in General Medicine, and postgraduate training at IPGME&R and SSKM Hospital, Kolkata. These qualifications place his clinical work within the medical speciality of Physical Medicine and Rehabilitation. His listed interests cover both spinal and joint interventions and the rehabilitation needs of different age groups. Dr. Chattopadhyay studied MBBS at Midnapore Medical College and Hospital during the 2009 to 2014 session. His qualification was awarded by the West Bengal University of Health Sciences, with 2014 recorded as the passing year. He completed his internship in March 2015. Following this, he served as a house staff doctor in the

Department of General Medicine at Midnapore Medical College and Hospital from March 2015 to March 2016. This was a distinct stage of his career before his later postgraduate specialisation. His medical registration number is 72379 with the West Bengal Medical Council. He subsequently pursued MD training in Physical Medicine and Rehabilitation at the Institute of Post Graduate Medical Education and Research, associated with SSKM Hospital in Kolkata, during the 2020 to 2023 session. The degree was awarded by the West Bengal University of Health Sciences, with 2023 listed as the passing year. His professional information also records a completed certificate course in rheumatoid arthritis. Alongside his association with Manipal Hospital Broadway, his supplied professional details list an attachment to M R Bangur Hospital, Kolkata, and a former association with SSKM Hospital. These institutional associations form part of his documented clinical background in West Bengal. Physical Medicine and Rehabilitation, often shortened to PM&R, is also known as physiatry. It is a medical speciality concerned with conditions affecting movement, physical function and everyday independence. PM&R physicians work with problems involving the nervous system and the musculoskeletal system, including muscles, joints and bones. Assessment considers the effect of a condition on the person as a whole. A rehabilitation plan may involve collaboration with physiotherapists, occupational therapists and other medical specialists. The contribution of a rehabilitation physician includes medical assessment and coordination of care, while individual therapies are provided according to the needs identified during that assessment. Pain management is one of Dr. Chattopadhyay's stated areas of specialisation. His clinical interests include C-arm-guided and ultrasound-guided spinal procedures, interventions involving the hip, shoulder and knee, and radiofrequency ablation in pain management. These are recorded as areas of special interest in his curriculum vitae. The choice of any intervention requires an individual clinical assessment, and an interest listed in a profile does not mean that every procedure is appropriate for every patient.

His profile therefore identifies these areas without making promises about treatment results, duration of relief or the need for a particular procedure. Arthritis is another area highlighted in Dr. Chattopadhyay's professional details. His additional certificate course in rheumatoid arthritis and his stated interest in rheumatology sit alongside his MD qualification in Physical Medicine and Rehabilitation. Within rehabilitation care, attention extends to how a health condition affects practical tasks and participation in daily life. The relevant goals can differ considerably between people, depending on the condition, the extent of functional difficulty and their personal priorities. For a person experiencing limitations, everyday independence may involve managing activities at home, continuing work or education, and taking part in family and community life. Neurorehabilitation is also included among his areas of specialisation. Rehabilitation can support people whose abilities have been affected by neurological illness or injury. Depending on the person's needs, care may address movement, communication, thinking skills or the performance of daily activities. A rehabilitation programme may involve several professionals, with goals developed around the abilities that need support. Physical therapy, occupational therapy, speech and language therapy, assistive devices and treatment for pain are examples of components that may be included in a broader programme. The combination is determined by individual needs rather than by a single standard plan for everyone. His professional interests also include paediatric rehabilitation. Rehabilitation needs can arise across the lifespan, including childhood, adulthood and later life. In children, the practical focus may include supporting participation in learning, play and family routines, with the child's needs considered in the context of their environment. Rehabilitation can involve education, changes to everyday tasks, assistive products and support for families. These are general features of rehabilitation practice, and the approach for an individual child depends on assessment. Dr. Chattopadhyay's listed paediatric rehabilitation interest is presented alongside his other clinical interests

without implying an additional qualification beyond those documented in his professional record. A rehabilitation physician and a physiotherapist have complementary roles. The physician provides medical evaluation, diagnoses and management of medical issues relevant to rehabilitation. Physiotherapists contribute assessment and therapy directed towards movement and physical function. Communication between professionals helps align the medical plan with the rehabilitation work being undertaken. Medical issues can affect a person's ability to participate in therapy, so the rehabilitation process includes consideration of their wider health. This explains the role of a specialist trained in PM&R within a broader care team and the distinction between a medical consultation and an individual therapy session. For patients considering a consultation, Dr. Chattopadhyay's documented profile brings together training in Physical Medicine and Rehabilitation, a background in General Medicine, and interests spanning pain management, arthritis, neurorehabilitation and paediatric rehabilitation. His academic record includes MBBS training at Midnapore Medical College and Hospital, internship completion in March 2015, and MD training at IPGME&R and SSKM Hospital, completed in 2023. His association with Manipal Hospital Broadway places this professional profile in Salt Lake, Kolkata. Consultation timing, availability and arrangements for specific services should be obtained from the hospital, as these operational details are separate from the qualifications and clinical interests described here.

Languages Spoken

- English
- Bengali
- Hindi

Awards & Achievements

- Completed a certificate course in rheumatoid arthritis.
- Awards and other achievements: not provided.