

DR. RITUPARNA DAS

Consultant - Internal Medicine

Qualification

MBBS | MD (Anaesthesiology) | DNB (Anaesthesiology) | FIPM | EDAIC (Step 1) | EDPM

Overview

Dr. Rituparna Das is a highly qualified and accomplished Interventional Pain Physician and Anaesthesiologist, currently practicing at Manipal Hospital Broadway, Salt Lake, Kolkata. With extensive academic training and clinical experience in managing acute and chronic pain conditions, she is dedicated to improving the quality of life of her patients through evidence-based, minimally invasive, and patient-centric treatment approaches. With a strong foundation in anaesthesiology and advanced specialization in pain medicine, Dr. Das has built a reputation for delivering precise diagnosis and effective pain relief solutions. She completed her MBBS from the College of Medicine and Sagore Dutta Hospital under the West Bengal University of Health Sciences in 2017, followed by an MD in Anaesthesiology from KPC Medical College in 2021. To further strengthen her expertise, she pursued a DNB in Anaesthesiology from the National Board of Examinations in Medical Sciences in 2022. Her academic journey reflects a consistent commitment to excellence and a deep interest in advancing her clinical knowledge. Recognizing the growing importance of pain medicine as a specialized field, Dr. Das undertook a Fellowship

in Pain Management (FIPM) from Daradia Pain Hospital in 2023. She has also successfully cleared the EDAIC (European Diploma in Anaesthesiology and Intensive Care – Step 1), conducted by the European Society of Anaesthesiology and Intensive Care. Further enhancing her global credentials, she earned the European Diploma in Pain Medicine (EDPM) from the European Pain Federation (EFIC) in 2025, placing her among a select group of physicians with internationally recognized expertise in pain management. Dr. Rituparna Das specializes in diagnosing and treating a wide range of pain conditions, including chronic back pain, neck pain, joint pain, neuropathic pain, cancer-related pain, post-surgical pain, and musculoskeletal disorders. Her approach is multidisciplinary, combining medications, interventional procedures, rehabilitation, and lifestyle modifications to ensure comprehensive care. Her expertise in interventional pain procedures allows her to offer advanced, minimally invasive treatments such as nerve blocks, epidural injections, radiofrequency ablation, and image-guided interventions. These procedures are designed to provide targeted relief, reduce dependency on long-term medications, and help patients regain functionality in their daily lives. At Manipal Hospital Broadway, Salt Lake, Kolkata, Dr. Das provides comprehensive pain management services supported by modern infrastructure and a multidisciplinary clinical team. Her association with this advanced tertiary care hospital enables her to deliver high-quality, evidence-based care with access to cutting-edge technology and collaborative expertise across specialties. In addition to her specialization in pain medicine, Dr. Das has strong experience in critical care and perioperative management. She served as a Senior Resident in Critical Care at ESI Joka from 2021 to 2022, where she managed critically ill patients requiring intensive monitoring and advanced life support. She has also worked as a Junior Consultant in Anaesthesiology at ILS Hospital, Nagerbazar, from 2022 to 2025, where she was responsible for administering anaesthesia across a wide range of surgical procedures, ensuring patient safety and comfort. Her

experience in this role has contributed significantly to her precision and clinical decision-making skills.Further enriching her expertise, she worked as a Junior Consultant in Pain Medicine at Daradia Pain Hospital between 2023 and 2024, where she gained hands-on experience in advanced interventional pain techniques and complex case management. Currently, Dr. Rituparna Das is also associated as an Assistant Professor at PKG Medical College, where she actively contributes to academic teaching and mentoring of medical students and postgraduate trainees. She is also a Visiting Consultant at Charnock Hospital and Phoenix Hospital, providing specialized pain management services to a broader patient base. Dr. Das is known for her empathetic and patient-centric approach. She believes that understanding each patient’s condition, lifestyle, and expectations is essential for designing an effective treatment plan. Her consultations focus on educating patients and involving them in decision-making, leading to better compliance and long-term outcomes. Her treatment philosophy revolves around minimizing pain, restoring mobility, and improving overall quality of life. She emphasizes early diagnosis, timely intervention, and minimally invasive techniques to ensure optimal recovery and long-term relief. Fluent in Bengali, Hindi, and English, Dr. Rituparna Das effectively communicates with patients from diverse backgrounds, ensuring comfort and clarity throughout the treatment process. Her commitment to continuous learning and adoption of global best practices ensures that her patients receive the highest standards of care. With a strong academic background, international certifications, and extensive clinical experience, Dr. Rituparna Das continues to establish herself as a trusted name in pain management and anaesthesiology. Practicing at Manipal Hospital Broadway, Salt Lake, Kolkata, she remains committed to delivering advanced, patient-focused care and helping individuals lead pain-free, active lives.

Languages Spoken

- English
- Hindi
- Bengali

Awards & Achievements

- Awarded European Diploma in Pain Medicine (EDPM) – European Pain Federation (EFIC)
- Qualified EDAIC (European Diploma in Anaesthesiology & Intensive Care – Step 1)
- Completed Fellowship in Pain Management (FIPM) from a leading pain institute
- Extensive training in Interventional Pain Procedures & Critical Care Management
- Experience across reputed institutions in anaesthesiology and pain medicine