

DR. ASHAR HASAN

Consultant - General Medicine

Qualification

MBBS | DNB

Overview

Dr. Ashar Hasan is a highly skilled Family Physician with over 14 years of experience in the medical field, including 5 years as a specialist. His practice is focused on providing comprehensive, compassionate care for individuals and families, treating each patient with the utmost respect and personalised attention. Dr. Hasan is known for his commitment to not just treating symptoms, but addressing the overall well-being of his patients. He treats every patient as if they were part of his own family, ensuring that their health concerns are heard and addressed in a comfortable and supportive environment. Dr. Hasan's academic journey began with his completion of the MBBS degree from the prestigious West Bengal University of Health Sciences in 2011. His solid foundation in medicine was further strengthened when he pursued a specialised diploma, earning his DNB in Family Medicine from the N.B. Exam, New Delhi, in 2016. This rigorous training helped Dr. Hasan refine his expertise in family medicine, which combines a deep understanding of various medical fields to provide holistic care to patients of all ages. His education and experience have shaped him into a well-rounded physician with a broad knowledge base in general

health, disease prevention, and health management. His specialisation in Family Medicine is particularly suited to meet the needs of individuals and families seeking comprehensive, long-term care. With a career spanning over 14 years, Dr. Ashar Hasan has gained extensive experience treating a wide variety of medical conditions. He began his career as a general practitioner and steadily advanced into his role as a family physician. During these years, he has accumulated valuable experience managing chronic diseases like diabetes, hypertension, and asthma, as well as treating acute conditions and offering preventive care. Dr. Hasan has worked in various settings, honing his ability to handle diverse medical concerns. His patient base is vast, ranging from children to the elderly, which allows him to offer tailored care that meets the unique needs of every individual. Whether it's conducting routine check-ups, managing lifestyle-related health issues, or diagnosing and treating complex conditions, Dr. Hasan is known for his ability to provide accurate and timely diagnoses. In addition to his core work as a family physician, Dr. Hasan is also regarded as an expert Diabetologist. He has helped numerous patients manage their diabetes through a combination of medical intervention, lifestyle modifications, and ongoing support. His approach to diabetes management emphasises a personalised, long-term strategy to improve quality of life and reduce complications associated with the condition. Dr. Ashar Hasan’s patients highly value his compassionate approach to care. Many of his patients have shared positive reviews, highlighting his attentiveness, thoroughness, and professionalism. His ability to explain medical conditions and treatment options in an easy-to-understand manner has earned him a loyal patient base. Patients often commend Dr. Hasan for his ability to make them feel comfortable and reassured, particularly in stressful medical situations. His calm demeanour and empathetic nature create a trusting environment where patients feel confident in his care. With a solid educational foundation, years of clinical experience, and a patient-centred approach, Dr. Ashar Hasan is a highly regarded Family Physician who is dedicated to improving the

health and well-being of his patients. His practice emphasises comprehensive care for individuals and families, ensuring that patients receive the highest standard of medical treatment. Whether you are seeking general health advice, managing a chronic condition, or looking for preventive care, Dr. Ashar Hasan offers a holistic, compassionate approach to healthcare that is designed to meet the needs of every patient.

Field of Expertise

- Dr. Hasan is a general physician who provides broad-based care, he has developed particular expertise in the following areas:
- Chronic Disease Management: Dr. Hasan has extensive experience in managing chronic conditions such as diabetes, hypertension, and cardiovascular diseases. He works closely with patients to monitor their health, adjust treatments as necessary, and provide lifestyle recommendations to minimise complications.
- Preventive Healthcare: Prevention is a key aspect of Dr. Hasan's practice. He emphasises the importance of regular check-ups, screenings, and vaccinations to detect and prevent health problems before they become serious.
- Diabetes Management: As a certified Diabetologist, Dr. Hasan has a deep understanding of diabetes care. He helps patients manage their blood sugar levels, reduce the risk of complications, and adopt healthier lifestyles.
- Family Health: Dr. Hasan's expertise extends to managing health across all stages of life, from childhood to senior years. Whether it’s treating common ailments, providing immunisations, or addressing age-related health concerns, Dr. Hasan is committed to improving the overall health and well-being of entire families.

- General Health Consultation: Dr. Hasan is a trusted general physician for individuals seeking expert advice on a variety of health concerns. He is experienced in diagnosing and treating a wide range of illnesses, from infections to musculoskeletal problems, ensuring his patients receive the best care possible.

Languages Spoken

- English
- Hindi
- Bengali