

DR. PRATHAMA CHAUDHURI

Consultant - Psychiatry

Qualification

MD (Psychiatry) | DNB (Psychiatry) | MBBS

Overview

Dr. Prathama Chaudhuri is a highly respected Psychiatrist and Professor of Psychiatry based in Kolkata, with a clinical and academic career spanning over 25 years. She began her medical journey at Calcutta Medical College, where she graduated with Honours in MBBS in 1992. Her passion for mental health led her to pursue postgraduate training at the Central Institute of Psychiatry (CIP) in Ranchi—one of India's premier mental health institutions—where she earned her MD in Psychiatry in 1997. She further achieved the Diplomate of National Board (DNB) in Psychiatry from the National Board of Examinations, New Delhi, in 1998. Over the years, she has enhanced her expertise through global academic exposure, including a WHO Fellowship in Psychiatry at the New South Wales Institute of Psychiatry, Sydney, and specialized training in hypnotherapy from the UK College of Hypnotherapy, London. Her extensive academic background is complemented by a variety of certificate programs that have broadened her scope across multiple domains of mental health care, such as Psychological First Aid (Johns Hopkins University), Educational Counselling (Griffith University), Workplace Stress Management

(Coventry University), and Sleep Medicine (University of Michigan). In her distinguished career, Dr. Chaudhuri has balanced clinical excellence with academic contributions and community advocacy. She serves as Professor of Psychiatry at Calcutta Medical College and also contributes as Visiting Faculty at Calcutta University and Jadavpur University. Her primary area of interest lies in Cognitive Behavioural Psychotherapy, and she is a firm believer in combining evidence-based pharmacological treatments with psychotherapy and strong social support systems to manage a wide spectrum of psychiatric conditions. Dr. Chaudhuri practices at several leading healthcare institutions in Kolkata, including Fortis Hospitals and Manipal Hospitals (Broadway), and offers consultations at NG Medicare (Gariahat), Peerless Hospital, City Diagnostic Centre (Girish Park), and Suraksha Polyclinic (Phoolbagan). Known for her compassionate and holistic approach, she treats patients with depression, anxiety disorders, schizophrenia, bipolar disorder, stress-related issues, sleep disturbances, and psychosomatic disorders. She is also deeply committed to adolescent mental health and neurodevelopmental issues such as ADHD and learning disabilities, advocating for early intervention and inclusive care. She is the best Psychiatrist in Broadway, Kolkata. Dr. Prathama Chaudhuri is more than a psychiatrist—she is a thought leader, educator, and mental health advocate. She has authored numerous national and international publications and is a regular speaker at psychiatric conferences and continuing medical education (CME) events in India and abroad. Her engagement with the public extends beyond hospitals and classrooms—she frequently contributes articles to newspapers, health magazines, and online platforms to raise awareness on mental health, aiming to reduce stigma and promote emotional well-being. She conducts workshops on stress management, workplace mental health, adolescent behavioural issues, and mindfulness-based psychotherapy. Dr. Chaudhuri’s dedication to mental health goes beyond treatment, as she consistently champions the rights of individuals in psychological distress and supports reforms

in mental healthcare delivery. With a career built on integrity, academic depth, and genuine care for her patients, Dr. Prathama Chaudhuri stands as one of Kolkata's foremost psychiatrists and a trusted name in India's mental health landscape.

Languages Spoken

- English
- Bengali
- Hindi