

DR. BIMAL KUMAR SAHA

Consultant - Orthopaedics

Qualification

MBBS | MS (Orthopaedics)

Overview

Dr. Bimal Kumar Saha is a highly experienced and respected orthopedist based at Manipal Hospitals Broadway in Kolkata. With years of expertise and a strong commitment to patient-centred care, he has earned recognition as one of the leading orthopaedic surgeons in the region. His approach to treating musculoskeletal health is marked by precision, dedication, and a compassionate focus on improving the quality of life for his patients. From fractures to complex spinal conditions, Dr. Saha is skilled in managing a wide range of orthopaedic disorders, and his impact on the field of orthopaedic surgery has been profound. He is the foremost Ortho doctor in Broadway. Dr. Saha's journey into the field of orthopaedics began with a solid educational foundation. He earned his MBBS degree followed by specialized postgraduate training in orthopedics, where he was exposed to a comprehensive curriculum that covered various aspects of musculoskeletal health. His academic journey, combined with hands-on experience during his training, laid the groundwork for his future specialization and expertise in orthopaedic surgery. Over the years, Dr. Saha has continually advanced his knowledge, keeping pace with the

latest developments in the field of orthopaedics through advanced courses and workshops. This commitment to continuous learning has enabled him to stay at the forefront of orthopaedic care, ensuring that his patients benefit from the most up-to-date treatments and techniques available. Dr. Saha's expertise covers a broad spectrum of orthopaedic conditions, but he is particularly renowned for his proficiency in joint replacement surgeries. Joint replacements, especially of the hip and knee, are among the most transformative procedures in orthopaedics, offering patients a chance to regain mobility and independence following debilitating joint conditions, such as arthritis or degenerative bone diseases. Dr. Saha's meticulous approach to these surgeries ensures not only the success of the procedure but also enhances the patient’s quality of life post-surgery. His careful attention to the smallest details in the surgical process, combined with his advanced skills, ensures that his patients experience the best possible outcomes, with minimal complications and a quicker recovery. Joint replacement surgery requires not only a high level of technical skill but also a deep understanding of the patient’s unique needs. Dr. Saha is known for his patient-focused approach, where he tailors treatment plans to each individual, ensuring that their needs are met in both the short-term and long-term recovery process. He emphasizes rehabilitation as a crucial part of the journey, working closely with physiotherapists and other healthcare professionals to help patients regain full functionality after surgery. In addition to his specialization in joint replacement surgery, Dr. Saha is also highly skilled in managing spinal disorders. Spinal conditions such as disc herniation, spinal stenosis, and other degenerative diseases can lead to severe pain and immobility, significantly affecting a patient’s daily life. Dr. Saha’s expertise in spinal care allows him to provide effective treatments that not only address the immediate pain but also work to improve the overall mobility and long-term well-being of his patients. Through a comprehensive approach that combines advanced diagnostic tools, conservative treatments, and surgical

interventions when necessary, Dr. Saha can offer relief to patients suffering from debilitating spine disorders. His focus is always on providing personalized care, ensuring that each patient's treatment plan is suited to their specific condition and recovery goals. Dr. Saha works tirelessly to help patients regain their mobility and live pain-free lives, using both traditional and cutting-edge techniques to treat spinal issues. Dr. Saha's approach to orthopaedic care is both holistic and patient-centred. He strongly believes in treating the whole patient, not just the condition. This philosophy is evident in his practice, where he combines surgical intervention with physical therapy, lifestyle modifications, and a strong focus on rehabilitation. For Dr. Saha, surgery is often just one part of the recovery process, and he works closely with his patients to help them navigate the full scope of their treatment plan. Post-surgery, Dr. Saha ensures that his patients receive proper rehabilitation, helping them regain strength, flexibility, and mobility. He emphasizes the importance of lifestyle modifications, such as exercise routines and proper nutrition, in maintaining long-term orthopaedic health. His proactive approach ensures that his patients are well-prepared for recovery and can return to their daily activities with confidence and without pain. One of the key aspects that sets Dr. Saha apart is his ability to leverage the advanced medical technology available at Manipal Hospitals Broadway. The hospital's state-of-the-art infrastructure allows Dr. Saha to provide high-quality care that incorporates the latest diagnostic tools, surgical equipment, and rehabilitation technologies. Whether it's the use of cutting-edge imaging techniques to diagnose complex musculoskeletal conditions or employing advanced robotic-assisted surgery to improve precision in joint replacement, Dr. Saha ensures that his patients benefit from the most modern and effective treatments available. By integrating advanced technology with his extensive clinical experience, Dr. Saha is able to achieve optimal outcomes for his patients. His use of minimally invasive techniques, where appropriate, allows for quicker recovery times, reduced pain, and smaller incisions, all of which contribute to

better overall patient experiences. Dr. Saha’s professional reputation is not only based on his technical expertise but also on his compassionate approach to patient care. He is known for taking the time to listen to his patients, understanding their concerns, and explaining their conditions and treatment options in a clear and empathetic manner. His dedication to improving patient outcomes is evident in his interactions with each individual who comes through his door. Dr. Saha’s patients appreciate the way he patiently guides them through the entire process, from diagnosis and treatment to recovery, ensuring that they feel supported and well-informed every step of the way. In addition to his clinical expertise, Dr. Saha’s ability to communicate effectively with his patients is one of the reasons he has become such a trusted figure in the orthopaedic community. He understands the emotional toll that musculoskeletal conditions can take on individuals, and he strives to provide not just physical care but also emotional reassurance, ensuring that his patients feel confident and cared for throughout their healing journey. Impact on the Community Through his expertise and compassionate care, Dr. Bimal Kumar Saha has had a significant impact on the lives of his patients and the broader Kolkata community. His work has helped countless individuals regain mobility, alleviate pain, and improve their overall quality of life. Whether it’s helping a senior citizen regain their ability to walk or assisting a young athlete in recovering from a sports injury, Dr. Saha’s contributions have made a profound difference. As part of Manipal Hospitals Broadway, Dr. Saha upholds the institution's standards of excellence in orthopaedic care. His role is integral to the hospital’s commitment to providing comprehensive, patient-centered healthcare that combines the latest advancements in medicine with compassionate, personalized care. Dr. Bimal Kumar Saha’s career as an orthopedist is a testament to his dedication, skill, and compassionate approach to patient care. With his expertise in joint replacement surgery, spinal care, and musculoskeletal health, he has made a lasting impact on the lives of his patients in Kolkata. His

commitment to providing comprehensive, personalized care, combined with his use of advanced technology, ensures that his patients receive the highest quality treatment. Through his work, Dr. Saha continues to set a standard of excellence in the field of orthopaedics, and his impact will be felt by many generations to come.

Languages Spoken

- English
- Bengali
- Hindi