

DR. SUSMITA GHOSH

Consultant - ENT

Qualification

MBBS | MS ENT | Specialised in Swallow Disorder Management

Overview

Dr. Susmita Ghosh is a Consultant at the ENT Department and Swallow Clinic, Manipal Hospitals, Broadway, Kolkata. With over 20 years of experience, in the field of Otolaryngology, Dr. Ghosh is dedicated towards the profession, through her comprehensive patient care in different ENT conditions. She is well-versed in ENT surgeries such as Tympanoplasty, Mastoidectomy, Microlaryngeal surgeries, Fibreoptic Laryngoscopic Guided biopsies and so on. Dr Ghosh is very passionate about Swallow Disorder Management. She is a Good ENT doctor in Kolkata. Specialised in Degluttology, Dr. Susmita Ghosh, the Consultant at the Swallow Clinic of Manipal Hospitals, Broadway, Kolkata; provides diagnostic and therapeutic services to individuals with swallowing difficulties; like Stroke patients, Parkinsonism and other neurology diseases, Head and Neck Cancer patients who have undergone Surgery or Radiotherapy, and also Aged individuals who have developed swallowing weakness. The Clinic has a multidisciplinary approach involving ENT doctors and Swallow therapists as a team. Dr Ghosh and her team consulted and tested both endoscopic (FEES) and radiological (VFSS) to create a well-structured protocol. Thereby Therapists are

guided with their exercise regime. Also, there is scope for short surgical procedures to ascertain whether a patient to swallow. Her commitment to academic excellence is reflected by her Swallow Management train training at Swallow Clinics of India with renowned mentomentorsell as her rigorous basic ENT skill development at recognized institutes under eminent teachers. She is also a member of esteemed organizations like the Association of the Phono Surgeons of India, and the Association of the Otolaryngologists of India. Dr. Susmita Ghosh has been invited as faculty at many National Conferences to share her experiences on Swallow disorder management. She has also received awards for presenting her papers on the subject. Her contributions to medical literature include origithe nal article “ Effectiveness of Neuromuscular Electrical Stimulation on Neurological Pharyngeal Dysphagia “ and case the report “ Successful Treatment of Dysphagia in a Case of Lateral Medullary SyndoSyndrome the International Journal of Phonosurgery and Laryngology. She is also the Guest Faculty at NIHH (National Institute of Speech and Hearing), Kolkata.

Fellowship & Membership

- Association of Otolaryngologists of India (AOI)
- Association of Otolaryngologists of India West Bengal Chapter (AOI WB)
- Association of Phonosurgeons of India (APSI)

Field of Expertise

- Specialises in the diagnosis and treatment of swallowing disorders through comprehensive clinical consultations, Swallow Endoscopy (FEES), conservative therapy-based interventions, and surgical treatment options.

- Skilled in offering individualised, multidisciplinary care for patients with dysphagia due to neurological conditions, cancer, ageing, or post-surgical complications.
- Expert in the conservative and surgical management of a wide range of ENT disorders, including ear infections, nasal and sinus issues, voice and throat conditions, and chronic ear disease.
- Proficient in performing ENT procedures such as Tympanoplasty, Mastoidectomy, and Microlaryngeal surgeries, with a patient-centred approach to restoring function and improving quality of life.

Languages Spoken

- English
- Bengali
- Hindi

Talks & Publications

- NMES & Dysphagia. PHONOCON 2017, Koch.
- Received the Best Consultant Paper Award.
- Benign Vocal Fold Lesion at PHONOCON 2014, at Bhubaneswar.
- Muscle Tension Dysphonia at PHONOCON 2015, at Nagpur (Awarded 2nd prize)
- Paper on MTD at Laryngology Summit 2015 & 1st SAARC International Conference. Awarded 2nd prize.
- Also, attended various conferences and workshops organised by AOI and WBAOI and presented papers.
- Effectiveness of Neuromuscular Electrical Stimulation on Neurological Pharyngeal Dysphagia. (IJOPL)
- Successful Treatment of Dysphagia in a Case of Lateral Medullary Syndrome (IJ0PL)

- Thesis – Clinicopathological correlation between allergic rhinitis and asthma.