

DR. USHASI BANERJEE

Senior Clinical Psychologist

Qualification

B.Sc. (H) | M.Sc | M.Phil (RCI Registered) | PhD (Child and Adolescent Mental Health | Specialisation in Neuro-psychology (NIMHANS)

Overview

Dr. Ushasi Banerjee is a senior clinical psychologist in the Department of Clinical Psychology at Manipal Hospitals Broadway, with over 10 years of experience in Mental Health and Clinical Psychology. She holds a PhD in Child and Adolescent Mental Health from the University of Calcutta and is registered with the Rehabilitation Council of India (RCI). Dr. Banerjee's career encompasses roles as a consultant, clinician, academician, researcher, faculty, supervisor, resource person, and mentor. Her extensive clinical training includes stints at prestigious institutions such as Medical College and Hospital, NRS Medical College and Hospital, Bangur Institute of Neurology, RINPAS, Ranchi, and NIMHANS, Bengaluru. This training has equipped her to assess and diagnose a wide range of neurological conditions, like stroke, movement disorders, epilepsy, and more. She has specialised expertise in neuropsychological evaluations for dementia and other neurodegenerative diseases, making her one of the few experts in the city to execute them, along with providing geriatric counselling. She holds the title of the best clinical psychologist in Kolkata. Dr. Banerjee's practice encompasses a diverse patient demographic, from toddlers to

seniors over 85 years old. She collaborates with educational institutions for psychoeducational evaluations, including ADHD and learning disability assessments, and offers counselling for childhood emotional and behavioural issues as well as adolescent and adult mental health concerns such as anxiety, depression, relationship conflicts, and marital distress. She is adept in cognitive behaviour therapy (CBT) and other advanced therapeutic approaches, contributing significantly to the field through workshops, publications, and multidisciplinary research endeavours. Fluent in English, Hindi, and Bengali, Dr. Banerjee is a member of the Indian Association of Clinical Psychology (IACP), the American Psychological Association (APA), and the World Mental Health Federation (WMHF). Her dedication to mental health advocacy and comprehensive patient care underscores her commitment to improving psychological well-being across diverse populations.

Fellowship & Membership

- Member of the American Psychological Association (APA)
- Member of the World Mental Health Federation (WMHF)
- Fellow, Indian Association of Clinical Psychologists (IACP)
- Fellow, Clinical Psychology Society of India (CPSI)

Field of Expertise

- Expert in addressing varied psychological conditions with personalised care and evidence-based therapies. Specialises in anxiety, depression, child behaviour, and relationship issues for holistic mental health support.
- Expert in evaluating cognitive functions and providing interventions for neurobehavioral conditions.
- Proficient in diagnosing and managing neuropsychiatric

disorders with a focus on enhancing patient outcomes through comprehensive treatment approaches.

Languages Spoken

- English
- Hindi
- Bengali

Awards & Achievements

- University Rank Holder in Graduation, Post Graduation

Talks & Publications

- Authored and co-authored various scientific papers and review articles in several peer-reviewed journals.
- Published a paper titled ‘Self-serving Cognitive Distortions among Adolescents with Externalising and Internalising Syndromes - A Comparative Study’.
- Collaborated with neurologists on research titled ‘ Prevalence of pre-existing cognitive impairment in patients with Intracerebral Haemorrhage’.
- Collaborated with neurologists on research titled ‘Evaluation of apathy in Dementia and Mild Cognitive Impairment’.
- Research on ‘A comparative study of Bellack's Ego Functions, Death Anxiety and Trait Anxiety’ Research on ‘Attitude towards mental health - A scale construction’.
- Research on ‘Identification of specific learning disabilities in school children - A pilot study from Kolkata’
- Investigating psychological health in various medical

conditions.

- Resource person and invited speaker on mental health sessions, seminars, and workshops Engaged with different corporate and academic institutions.