

DR. ANTARIKHYA BORDOLOI

Consultant - Geriatrician

Qualification

MBBS | MD (Geriatrics)

Overview

Dr. Antarikhya Bordoloi is a renowned Geriatrician at Manipal Hospitals, Broadway, Kolkata, with 8 years of distinguished experience in the medical field. She earned her Bachelor of Medicine and Bachelor of Surgery (MBBS) from Kathmandu Medical College and subsequently completed her Doctor of Medicine (MD) in Geriatrics at Mahatma Gandhi Mission's Medical College, Navi Mumbai. Her expertise and proficiency have significantly contributed to providing exceptional healthcare for seniors, addressing their unique medical needs with precision and care. She is the Best Geriatrician in Kolkata. Dr. Bordoloi is deeply committed to creating awareness about the importance of geriatrics as a focused branch of medicine. Her dedication is directed towards offering the elderly practical solutions to common health and wellness complaints. Earlier in her career, she rendered her services to esteemed institutions like the Family Medical Centre of the Indian Army and the Refinery Hospital for Indian Oil Corporation Limited, gaining invaluable experience and expertise. She specialises in diagnosing and meticulously treating a variety of geriatric cases, ensuring that each patient is fully informed throughout the treatment process. Dr. Bordoloi

is known for delivering compassionate care, helping patients minimise their personal investment in health, and creating tailored treatment plans to meet their specific needs. Her patient-centric approach and commitment to excellence make her a trusted healthcare provider in the field of geriatrics.

Fellowship & Membership

- Member of the Indian Academy of Geriatrics (IAG)
- Member of the Geriatric Society of India (GSI)

Field of Expertise

- Specialising in comprehensive geriatric assessment to evaluate various aspects of elderly patients, including their physical and mental well-being
- Proficient in providing geriatric counselling services, offering adequate support and assistance for elderly patients
- Expertise in tailoring personalised care plans for geriatric patients, ensuring comprehensive management according to their individual needs
- Expertise extends to implementing real-time and holistic monitoring of health parameters by utilising cutting-edge techniques
- Specialised in offering physical and psychological rehabilitative counselling for elderly patients

Languages Spoken

- English
- Hindi
- Bengali

- Assamese
- Nepali
- Marathi

Awards & Achievements

- Invited Speaker at ‘MEDICINE UPDATE 2023’ on ‘Deprescribing in Elderly’, organized by Association of Physicians of India (API), Assam Branch, Guwahati Chapter at Guwahati, November 2023.
- Invited Speaker at CME conducted by Indian Society of Critical Care Medicine, Guwahati Chapter, 2022 on ‘Peri-Operative ICU Management of Geriatric Patients’
- Invited Speaker at 18th International Conference on Geriatrics and Gerontology, Kolkata, December 2022 conducted by Geriatric Society of India, ‘Challenges in the Pre-Hospital Emergency Management of Geriatric Trauma Patients’
- Workshop: conducted workshop for Doctors on ‘Frailty Scores’ at 18th International Conference on Geriatrics and Gerontology, Kolkata, December 2022 conducted by Geriatric Society of India
- Workshop: conducted workshop for Doctors on ‘Nutritional Assessment & Management in Elderly’ at GSICON West Bengal Branch, Kolkata, October 2023.
- Moderated an All-Women Panel Discussion on ‘Healthy Ageing in Elderly Women’ at GSICON West Bengal Branch, Kolkata, October 2023
- Poster: A Case of Fronto-Temporal Dementia with Pseudobulbar Palsy

Talks & Publications

- Paper on ‘Study of Increasing Resistance to Antibiotic in Urinary Track Infection in Geriatric Population’, 2020.
- Paper on ‘ A Study of Severe Anemia in Elderly with Special Reference to Etiology’, 2020
- Poster presentation of ‘A Case of Fronto-Temporal Dementia with Pseudobulbar Palsy’.
- Invited Speaker, Continuing Medical Education (CME) conducted by Indian Society of Critical Care Medicine, Guwahati Chapter, 2022 on ‘Peri-Operative ICU Management of Geriatric Patients’.
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