



## **DR. BINAYAK SINHA**

Senior Consultant - Diabetes and Endocrinology

### **Qualification**

MBBS | MRCP | CCST

### **Overview**

Dr. Binayak Sinha is an esteemed endocrinologist who brings over three decades of experience in providing evidence-based modern medical care for all endocrine, metabolic, obesity, and diabetes at Manipal Hospitals, Broadway, Kolkata. Having completed his MBBS from the University of Calcutta, and a postgraduate medical diploma awarded by the Royal College of Physicians of the United Kingdom. He further pursued a distinguished career by adding a Certificate of Completion of Specialist Training (CCST) in Diabetes and Endocrinology. He is the Best Thyroid Specialist Doctors in Kolkata. After attaining excellence and expertise in Diabetes and Endocrinology from University Hospital Birmingham, he returned to Kolkata to bring a change in this field. Dr. Sinha's expertise has garnered recognition beyond borders, attracting patients from Bengal, neighbouring states, Bangladesh, Nepal, and Bhutan. With specialisation in obesity, diabetes in pregnancy, cardiovascular disease, polycystic ovarian syndrome, and reproductive problems, Dr. Sinha is committed to delivering comprehensive and compassionate care to his patients. As a leading researcher, Dr. Sinha has contributed significantly to the fields of

Diabetes, CVOTs, meta-analysis of treatment modalities, and Hormonal disorders. His commitment to advancing medical knowledge is evident from his regular participation as a speaker at national and international conferences. He also holds high-impact publications under his credit. Dr. Sinha's dedication extends to education, as he teaches various courses nationwide and serves on the editorial boards of multiple peer-reviewed journals. He has also co-authored handbooks in Diabetes and Endocrinology and serves as an associate editor of Cardiovascular Diabetology. He is a member of esteemed institutions such as the Royal College of Physicians, Diabetes UK, Research Society for Study of Diabetes in India (RSSDI), and Endocrine Society India (ESI). Dr. Sinha's contributions have been recognised with the prestigious Young Scientist Award at the International Conference of Endocrinology in 2002 and the Dr. A C Ukil Memorial Oration at the 2007 IMA National Conference in Burdwan. Dr. Sinha's dedication to providing exceptional and patient-centred care at Manipal Hospitals, Broadway, Kolkata, has positioned him as the premier choice for endocrinology and diabetes management services.

### **Fellowship & Membership**

- Fellow of the Royal College of Physicians (FRCP)

### **Field of Expertise**

- Specialises in all aspects of General Endocrinology, offering treatment and services for various related disorders and diseases.
- Expertise in offering treatment for various conditions such as obesity, diabetes in pregnancy, cardiovascular disease, polycystic ovarian syndrome, and reproductive problems, offering comprehensive care for patients with these conditions.

- Expertise in the management of thyroid and other endocrine disorders, ensuring personalised and effective treatment plans for their patients.

### **Languages Spoken**

- Bengali
- English
- Hindi

### **Awards & Achievements**

- Young Investigator Award at the International Conference of Endocrinology in 2002
- Indian Medical Association Oration on "India and Polycystic Ovary Syndrome - PCOS
- 2008

### **Talks & Publications**

- Extensive high-impact publications in the fields of Diabetes, Cardiovascular Outcome Trials (CVOTs), meta-analysis of treatment modalities, and hormonal disorders
- A regular speaker at national and international conferences
- Co-author on several handbooks in diabetes and endocrinology
- Teaches various courses across the country
- Serves on the editorial board of multiple peer-reviewed journals
- Associate Editor of Cardiovascular Diabetology