



## **DR. SARTHAK PATNAIK**

Senior Consultant - Orthopaedics, Arthroscopy & Sports Surgery

### **Qualification**

MBBS | MS (Orthopaedics)

### **Overview**

Dr. Sarthak Patnaik is a renowned senior consultant in the Department of Arthroscopy & Sports Surgery - Orthopaedics at Manipal Hospitals, Bhubaneswar, with 19 years of overall experience, including 12 years as a specialist. He completed his MBBS from Manipal College of Medical Sciences University in 2004 and his MS in Orthopaedics from Datta Meghe Institute of Medical Sciences, Nagpur, in 2011. Additionally, he pursued an Orthopaedic Fellowship from the Sports Science Institute of South Africa and the Pennsylvania Sports Centre Clinic in 2013. His expertise lies in performing Arthroscopy and Joint Preservation procedures, Knee Arthroscopy, Hip Arthroscopy, and Ankle Arthroscopy, prioritising patient well-being and long-term joint health. As an ex-Indian Army official, Dr. Sarthak Patnaik completed his Super/Sub-Specialty in Arthroscopy & Sports Medicine in South Africa, Spain, and the USA. With vast experience, he has treated numerous national and international players, including champion athletes like Neeraj Chopra, Ravikumar, Quinton de Kock, and Deepa Malik, as well as Ranji players, national weightlifters, and athletes from various sports disciplines. He served as the in-charge of the Asian Athletic Meet

2017-2018 and has organised multiple national and international events. Dr. Patnaik is actively involved in national and international publications and serves as the Editor-in-Chief of India's First Sports Science Journal. Dr. Patnaik is the founder of Sports Science India and organised Eastern India's first sports science conclave at Kalinga Stadium, Odisha. Moreover, he holds a record of carrying out more than 5000 Knee Arthroscopies and 1000 Shoulder and Ankle Arthroscopies, having achieved significant recognition in his field. Dr. Patnaik was trained under the guidance of pioneer and eminent arthroscopic surgeon Dr. David Ranjan in Coimbatore, equipping himself with advanced skills and techniques that have greatly benefited his practice. He has organised INDO-US Shoulder and Knee Courses and is deeply interested in learning about sports-specific programmes beneficial for athletes. Additionally, he serves as an associate editor for two international medical journals and a reviewer for the American Journal of Sports Medicine and the British Medical Journal Case Reports. Dr. Patnaik has also been appointed as an external examiner for the Department of Biomedical Engineering at the University of Cape Town, South Africa. Dr. Patnaik's excellence in his professional journey has been widely recognised, earning him prestigious awards in healthcare. He is a regular faculty member at both national and international arthroscopy conferences, which helps him stay updated on the latest advancements in the field. Dr. Sarthak Patnaik communicates fluently in English, Hindi, Bengali, Odia, Nepali, and Tamil, fostering clear and empathetic dialogue with patients from diverse linguistic backgrounds. This linguistic proficiency enables him to establish strong rapport and understanding with individuals from various cultural and linguistic communities, enhancing their overall healthcare experience and facilitating effective communication throughout their treatment journey.

### **Fellowship & Membership**

- Fellow of the American Society of Orthopaedic Surgeons (FASM)
- Fellow of the South African Society of Sports Medicine (FSSISA)
- Fellow of the Himalayan Association (FHA)
- Fellow of the South Sudanese Association (FSSA)

### **Field of Expertise**

- Proficient in performing Arthroscopy and Joint Preservation procedures, prioritising patient well-being and long-term joint health.
- Specialised in Knee Arthroscopy, employing advanced techniques to diagnose and treat various knee joint conditions effectively.
- Experienced in Ankle Arthroscopy, offering tailored treatment approaches to address ankle joint issues and restore functionality.
- Skilled in Hip Arthroscopy, utilising minimally invasive methods to diagnose and manage hip joint disorders, ensuring optimal patient outcomes and enhanced quality of life.

### **Languages Spoken**

- English
- Hindi
- Bengali
- Udia
- Nepali
- Tamil

### **Awards & Achievements**

- Mahatma Gandhi Award for Health Care innovation technology.