

DR. RITA DASH

Senior Consultant - Ophthalmology

Qualification

MBBS | MS (Ophthalmology)

Overview

Dr. Rita Dash stands as a distinguished senior consultant in the Department of Ophthalmology at Manipal Hospitals in Bhubaneswar, Odisha. With an illustrious 28 years of comprehensive experience, including 26 years as a specialist, she earned her MBBS and MS in Ophthalmology from the esteemed S.C.B. Medical College in Cuttack. Dr. Dash further broadened her expertise in the field by earning fellowships in Short-term Glaucoma and Phacoemulsification, equipping her with exceptional skills in performing a wide range of ophthalmic procedures. As an active member of the medical community, Dr. Dash holds life memberships with prestigious organisations, including the All India Ophthalmological Society (AIOS), the Delhi Ophthalmological Society (DOS), the Asia-Pacific Academy of Ophthalmology (APAO), the Indian Medical Association (IMA) and the Glaucoma Society of India (GSI). Her specialisation encompasses a broad spectrum of Ophthalmic Surgeries and treatments, which includes Advanced Cataract Surgery using Phacoemulsification technique and implantation of Premium Intraocular lens (IOL), Glaucoma Filtration Surgery, Glaucoma Surgery with Advanced Valve

Implantation, and Anterior Segment Surgery, including Trabeculectomy procedures, and the Placement of Contact Lens, underscoring her capability to provide comprehensive eye care. Beyond Dr. Dash’s clinical expertise, she is committed to knowledge transfer, regularly conducting various live demonstrations of Advanced Phacoemulsification procedures at reputed hospitals, providing invaluable learning experiences for budding ophthalmologists, and gaining insights into best practices and procedural nuances. Moreover, she is well-known amongst her peers for her contributions to medical research, publishing and presenting articles and topics in various journals and prestigious conferences. Furthermore, Dr. Dash's multilingual abilities in Odia, Hindi, and English empower her to communicate proficiently with a diverse patient demographic. This linguistic versatility not only enhances patient care but also amplifies her effectiveness as a dedicated researcher and educator.

Fellowship & Membership

- Life member of the All India Ophthalmological Society (AIOS)
- Member of Asia-Pacific Academy of Ophthalmology (APAO)
- Life member of Delhi Ophthalmological Society (DOS)
- Life member of the Glaucoma Society of India (GSI)
- Life Member of the Indian Medical Association (IMA)
- Fellowship in Short Term Glaucoma
- Fellowship in Phacoemulsification
- Member of the Institutional Ethics Committee at AMRI Hospital, Bhubaneswar for the past 5 years

Field of Expertise

- Specialises in Advanced Cataract Surgery utilising Phacoemulsification techniques with Intraocular Lens (IOL)

implantation, ensuring optimal visual outcomes for patients.
- Proficient in Glaucoma Filtration Surgery, employing state-of-the-art procedures to manage and control intraocular pressure effectively.
- Skilled in Glaucoma Surgery with Advanced Valve Implantation, providing innovative solutions for complex glaucoma cases.
- Expertise in 2.2 mm Phaco Surgery for Cataract treatment, utilising precision and advanced technology to achieve excellent surgical results.
- Specialises in Anterior Segment Surgery, including Trabeculectomy procedures, addressing a wide range of anterior segment conditions with expertise and care.

Languages Spoken

- Odia
- Hindi
- English

Talks & Publications

- Co-instructor in Instruction Course of All India Ophthalmological Society (AIOS) in 2020, 2021, 2022
- Clinical pathological study on Mycotic Corneal Ulcer paper presented at Odisha State Ophthalmology Conference
- Paper on Augmented Trabeculectomy
- Faculty Speaker at the Annual Conference of Glaucoma Society of India in 2014
- Conducted live demonstrations of advanced phacoemulsification surgery at ISPAT General Hospital, Rourkela, Odisha, and JPM Rotary Eye Hospital & Research Institute, India

- Participated and presented video pages at Glaucoma Society of India at Aravind Eye Hospital, Madurai in 2004 and at All India Ophthalmological Society, Mumbai in 2022