

DR. HAREKRUSHNA SAHU

Consultant - Orthopaedics & Spine Surgery

Qualification

MBBS | MS (Orthopaedics) | DNB (Orthopaedics)

Overview

Dr. Harekrushna Sahu is an Orthopaedic and Spine surgery consultant in the Department of Orthopaedics at Manipal Hospitals in Bhubaneswar, Odisha, and has an experience of more than 10 years in the field. His academic pursuit began with an MBBS degree in 2009, followed by a post-graduation MS in Orthopaedics degree at Vardhaman Mahavir Medical College (VVMC) in Delhi. He later obtained a DNB in Orthopaedics and underwent extensive training in Orthopaedic Trauma and Spine Surgery at Safdarjung Hospital, New Delhi. Dr. Sahu broadened his expertise by earning a fellowship in Joint Replacement Surgery. His surgical skills and commitment to patient care, coupled with his solidified credentials, make him a respected professional who helps patients regain their mobility and quality of life. Dr. Sahu's expertise is evident in his knowledge of a wide array of complicated orthopaedic cases he has handled with the highest level of surgical precision and safety. With advanced training in both Minimally Invasive and Traditional Spine Surgery techniques, Dr. Sahu offers total Knee, Hip, and Shoulder Replacements. To provide his patients with the best outcomes possible, he treats a range of spinal problems, such

as ruptured discs, spinal stenosis, and spinal deformities, using cutting-edge surgical techniques. Moreover, he offers customised treatment plans for children with congenital abnormalities and developmental issues. Dr. Sahu is adept at performing spine procedures and complicated orthopaedic problems, combining creativity and precision to produce the best results. He is well-known in the region for having performed on more than 5,000 complex spine and trauma cases. Dr. Sahu is a respected figure in the field of Orthopaedics because of his extensive training and dedication to quality. The Indian Orthopaedics Association (IOA), the Delhi Orthopaedics Association (DOA), and the Indian Arthroplasty Association (IAA) are just a few of the prestigious professional associations of which he is a member. Dr. Sahu has also published several articles in well-known peer-reviewed journals, reflecting his commitment to clinical excellence and academic contribution. He is fluent in English, Hindi, and Oriya, which helps him understand patients' needs and provide personalised care. His extensive knowledge and skills have helped restore the health and overall well-being of numerous patients.

Fellowship & Membership

- Member of the Indian Orthopaedics Association (IOA)
- Member of the Delhi Orthopaedics Association (DOA)
- Member of the Indian Arthroplasty Association (IAA)

Field of Expertise

- Expertise in a variety of Minimally Invasive Spine Surgery procedures and advanced surgical techniques to reduce discomfort and enhance spine function.
- Specialised in Joint Replacement Surgery, including hip, knee, and shoulder, ensuring successful surgical outcomes.

- Specialised in treating children's specific musculoskeletal problems by employing various surgical procedures to address malformations and encourage healthy bone growth.
- Expertise in treating congenital deformities, developmental problems, and paediatric injuries.
- Specialises in handling cases of severe musculoskeletal injuries, fractures, and dislocations, as well as complex trauma cases.

Languages Spoken

- English
- Hindi
- Odia

Talks & Publications

- Microfilarial Involvement Of Neck Region: A Case Report & Review Of Literature, J Cot, Vol 7, Issue - 2 (P-127*129).
- Management Of Post-Traumatic Neglected Cervical Face Dislocation, Joot, 2017 Apr-June; 8 (2): 125-130.
- Single Stage Transpeoicular Decompression Fixation And Deformity Correction In Tuberculosis Of Dorsal & Lumbar Spine, Josr, Journal Of Dental & Medical Sciences Vol - 16, Issue-6, Aug 2017, P 01-12.