

DR. RAHUL DALAL

Senior Consultant - Plastic Cosmetic and Reconstructive Surgery

Qualification

MBBS | MS (General Surgery) | MCh (Plastic & Reconstructive Surgery) | PGCC (Hospital Management)

Overview

Dr. Rahul Dalal is an internationally trained and highly acclaimed Senior Consultant in Plastic, Cosmetic, and Reconstructive Surgery at Manipal Hospitals, Baner. With over 20 years of extensive clinical and surgical experience, he is renowned as one of the best plastic surgeons in Baner, Pune, dedicated to delivering world-class aesthetic enhancements and complex reconstructive solutions with precision, safety, and compassion. Dr. Dalal completed his MBBS from Government Medical College, Aurangabad, followed by an MS in General Surgery. He achieved his super-specialization with an MCh in Plastic & Reconstructive Surgery from the prestigious Armed Forces Medical College (AFMC), Pune. To further master his craft, he completed a highly coveted International Fellowship in Advanced Aesthetic Plastic Surgery & Rhinoplasty at the Melbourne Institute of Plastic Surgery, Australia. Additionally, he holds specialized fellowships in Onco-Plastic Microvascular Reconstructive Surgery from the Peter MacCallum Cancer Centre, Melbourne, and the globally esteemed Tata Memorial Hospital, Mumbai. At Manipal Hospital Baner, Dr. Dalal offers a comprehensive spectrum of surgical and non-surgical procedures. His

aesthetic expertise includes advanced rhinoplasty (nose reshaping), body contouring (liposuction, abdominoplasty/tummy tuck, gynecomastia), face lifts, and breast surgeries (augmentation, reduction, and reconstruction). On the reconstructive front, he is a master of microvascular free flap surgeries, performing complex head, neck, and breast cancer reconstructions, as well as managing severe burn injuries, hand trauma, diabetic foot ulcers, and specialized gender affirmation surgeries. Known for his meticulous surgical artistry and patient-centric approach, Dr. Dalal ensures that every individual receives highly customized care tailored to their cosmetic goals or reconstructive needs. He utilizes the latest surgical advancements to minimize scarring and accelerate recovery, working closely with surgical oncologists, orthopedics, and trauma specialists to provide holistic care at our leading plastic surgery hospital in Baner. Dr. Dalal brings a wealth of academic and clinical leadership, having previously served as an Assistant Professor and Consultant at Tata Memorial Hospital, Mumbai, and a Senior Resident at AFMC, Pune. He has presented extensively at national and international conferences (including ISAPS and WSRM) and is an active life member of elite professional bodies like the Association of Plastic Surgeons of India (APSI) and the Indian Association of Aesthetic Plastic Surgeons (IAAPS). He is fluent in English, Hindi, Marathi, Gujarati, and Punjabi, offering culturally sensitive and personalised care to patients seeking the best cosmetic surgeon in Baner.

Fellowship & Membership

- International Fellowship- Advanced Aesthetic Plastic Surgery, Aesthetic and Functional Rhinoplasty and Aesthetic Medicine - Institute- Melbourne Institute of Plastic Surgery, Malvern, Melbourne, Victoria, Australia. (www.melbplastsurg.com) Duration- Feb 2018- Aug 2018.
- International Fellowship Surgical Oncology -Onco-plastic

microvascular reconstructive surgery - (Plastic & Reconstructive Surgery)- Institute- Peter MacCallum Cancer Centre, Melbourne, Victoria, Australia. (www.petermac.org) Duration- Feb 2017- Feb 2018.

- Post Doctoral HBNI-TMH fellowship in Onco-plastic microvascular reconstructive surgery, - (Plastic & Reconstructive Surgery)- Institute- Tata Memorial Hospital, Parel, Mumbai. University: Homi Bhabha National Institute (Deemed University), Mumbai, India. (www.hbni.ac.in) Duration: Aug 2014- July 2016. Year Passed- Aug 2016.
- Life member- Association of Plastic Surgeons of India, APSI. (www.apsi.in)
- Life member-Indian Society for Reconstructive Microsurgery (www.isrm.info)
- Life member-Indian Association of Aesthetic Plastic Surgeons (www.iaaps.net)
- Life Member- MAHA Association of plastic surgeons(Maharashtra state chapter of APSI)
- Life Member- Breast Reconstructive and Aesthetic Surgeon’s Association (BRASA)
- Life Member- Rhinoplasty Society of India (RSI)
- Life Member- Association of Medical Consultants (AMC), Pune
- Life Member- Indian Medical Association – IMA-Pune
- Life Member- Pune Association of Plastic Surgeons.(SAPS)

Field of Expertise

- Aesthetic (Cosmetic) surgery and Medicine, advanced and functional Rhinoplasty
- Breast surgery, Body Contouring- liposuction
- Micro-vascular Free Flap surgery (Free tissue transfer/transplant surgery)

- Onco-Plastic microvascular Cancer reconstruction surgery
- General Reconstructive Plastic surgery, Trauma surgery
- Hand Surgery, Burns Surgery

Languages Spoken

- English
- Hindi
- Marathi
- Gujarati
- Punjabi

Awards & Achievements

- Meritorious Student Award.
- National Scholarship scheme, Govt of India for 1994.
- National Scholarship scheme, Govt of India for 1996.
- Completed all-MBBS, M.S, MCh - MUHS Nashik & HBNI-fellowship.

Talks & Publications

- ISRM-12 (Indian Society for Reconstructive Microsurgery)-Aurangabad - Free Instep Flap.
- APSICON-12(Association of Plastic Surgeons of India national conference) , Lucknow - A Study of Prognostic factors for prediction of complications and outcomes in Burn patient. Orofacial Cleft- Tessier-3, Best Poster category.
- MAPSICON-13(Maharashtra state chapter of APSI conference), Lavasa, Pune - Maxillo-nasal dysplasia- Reconstruction with costal cartilage and rhinoplasty. Free Parascapular flap- A novel

method for post burn neck reconstruction.

- APSICON-14 Association of Plastic Surgeons of India, National Conference, Chandigarh - Free Flaps for salvage after pedicle/free flap failure in Head and neck reconstruction. Breast reduction onco-plasty in breast cancer surgery. Covering defects around knee joint, problems and solutions in tertiary cancer centre.
- MAPSCON-15(Maha association of- Maharashtra state chapter of APSI conference), Aurangabad - Free Flap for free flap in Head and neck reconstruction failures. Covering defects around knee joint- our experience.
- 50th Annual conference of Association of Plastic Surgeons of India, Mumbai. APSICON-2015,Main Conference, The Renaissance hotel, Powai, Mumbai. - " Reconstruction in cases of multiple recurrences of Head and Neck malignancies". "Breast Reduction Onco-plasty in cases of Breast cancer."
- Interesting Cases of Micro-Vascular Reconstruction Podium presentation- Pune association of Plastic Surgeons meet, Hotel Coronet, Pune, June-21, 2019.
- IMA-PCB-04-08-19. IMA-Pimpri-Chinchwad-Bhosari Branch CPD (continued professional development) activity on Multidisciplinary Cancer Care-Oncology Forum -2019- in association with Jupiter Hospital, Pune at Hotel Grand Exotica, Chinchwad, Pune - "Micro-Vascular Surgery -Interesting Cases, How we do it".
- Interesting Case- Total Penis Reconstruction- Neo-phalloplasty. Pune association of Plastic Surgeons meet, Artificial Limb Centre-ALC, AFMC Pune, Nov-22, 2019.
- BRASCON-2020, 24-26 Jan 2020, Baroda, National Annual Conference of Breast Reconstructive & Aesthetic Surgeon's Association of India. Invited Faculty – Topic "BIA-ALCL The Australian Perspective".
- APSICON-2022 56th Annual conference of Association of Plastic

Surgeons of India. Amritsar. 9-13 Nov 2022. Virtual Live Attendance.

- AeSurg ISAPS 2023, National Conference of Indian Association of Aesthetic Plastic Surgeons, 1-5 Mar 2023, Aamby Valley, Lonavala, India.
- MAPSCON-24 (Maha association of- Maharashtra state chapter of APSI conference), Pune.
- AeSurg 2025, National Conference of Indian Association of Aesthetic Plastic Surgeons, Ooty, Tamil Nadu, India.
- MAPSCON-25 (Maha association of- Maharashtra state chapter of APSI conference), Aurangabad.
- AeSurg 2026, National Conference of Indian Association of Aesthetic Plastic Surgeons, Mumbai, Maharashtra, India.
- ISAPS Course - Goa-Jan 2012.
- WSRM-15, Mumbai(World Society for Reconstructive Microsurgery) - Jejunum free flap for hypopharyngeal reconstruction. Breast reduction and microvascular recon in BCS.
- Plastic Surgery Congress- June 2017, Gold Coast, (Annual conference of Australian Society of Plastic Surgeons).
- ISAPS Symposium- Grand Hyatt, Melbourne, Australia- 19 October 2017.
- 40th Annual Conference- Australasian Society of Aesthetic Plastic Surgeons- 19-22 Oct 2017, Grand Hyatt, Melbourne, Australia.
- 22nd Advanced Aesthetic Plastic Surgery Workshop, Melbourne, Australia - 16-18 Feb 2018.
- ISAPS Symposium 2023, 2nd Mar 2023, Aamby Valley, Lonavala, India.
- 7th International Diabetes Summit 2023, 10-12th March 2023, JW Marriot, Pune.