



## **DR. PRATHAMESH TEJE**

Consultant - Internal Medicine

### **Qualification**

MBBS | DNB (Internal Medicine)

### **Overview**

Dr. Prathamesh Teje is a dedicated and experienced Consultant in Internal Medicine, currently practising at Manipal Hospital, Baner. With over 6 years of experience, he is known for his ethical, patient-focused, and evidence-based approach to diagnosing and managing complex medical conditions. He completed his MBBS from Government Medical College, Latur, followed by a DNB in Internal Medicine from Fortis Hospital, Bangalore. To strengthen his expertise in diabetes care, Dr. Teje pursued an advanced certification in Diabetes Management in Special Situations from the Royal College of Physicians, London. Dr. Teje's clinical practice is guided by a "Diagnosis-First" philosophy, ensuring that treatment begins only after a thorough and accurate evaluation. This approach not only enhances patient outcomes but also builds trust and transparency in his consultations. His key areas of interest include diabetes and its complications, thyroid and hypertension management, infectious diseases, cholesterol and liver disorders, and chronic conditions like asthma, COPD, kidney and heart diseases. He also focuses on preventive care, adult immunisations, IBS, and stress and sleep disorders. Additionally, he handles critical care

cases with precision and confidence. At Manipal Hospital, Baner, Dr. Teje continues to contribute to holistic and high-quality internal medicine care. His commitment to clinical excellence and compassionate treatment has made him a trusted name among patients seeking long-term disease management and general medical care.

### **Field of Expertise**

- Diabetes and Hypertension
- Thyroid-related conditions
- Fever and infectious diseases
- Stress & Sleep Disorders
- Liver & Cholesterol disorders
- Cardiac & Kidney diseases
- Preventive health checkups
- Irritable Bowel Syndrome
- Adult immunizations
- Critical Care

### **Languages Spoken**

- English
- Hindi
- Marathi
- Kannada