

DR. ASHUTOSH PAKALE

Consultant - Physician and Diabetologist

Qualification

MBBS, MD Medicine | Postgraduate Diploma in Diabetes | ACMDC

Overview

Dr. Ashutosh Pakale is a Consultant MD Physician and Diabetologist currently practising at Manipal Hospital, Baner, Pune. He holds an MD in General Medicine from the esteemed Kempegowda Institute of Medical Sciences (KIMS), Bangalore, and an MBBS from MIMSR, Latur. With over six years of experience in internal medicine and diabetes care, he has established a strong reputation for managing complex medical conditions with a patient-centric approach. Dr. Pakale specialises in lifestyle-related disorders such as diabetes, hypertension, thyroid disorders, and high cholesterol. His expertise also spans respiratory issues like COPD and pneumonia, infections, gastrointestinal problems, and general symptoms like fatigue, fever, and body aches. To enhance his skills further, he has completed a Postgraduate Diploma in Diabetes (RCP, UK certified) and the Advanced Certificate Course in Diabetes Management (ACMDC). A passionate educator and researcher, Dr. Pakale has contributed to various academic publications. He is the author of the chapter “Managing Glycemic Emergency” in the Handbook of Inpatient Glucose Management and co-author of the chapter on inflammatory markers in

COVID-19 and diabetes. He has also published in multiple national and international journals, sharing valuable clinical insights. Dr. Pakale has served as a speaker and chairperson at the International Diabetes Summit (IDS) for several consecutive years from 2020 to 2025. He is known for his holistic and evidence-based care approach, with a strong commitment to advancing diabetes and internal medicine treatment.

Fellowship & Membership

- Post Graduate Diploma in Diabetes (RCP, UK certified)
- ACMDC

Field of Expertise

- Cold
- Cough
- Fever
- Infections
- Thyroid
- Diabetes
- BP
- Cholesterol Issues
- Dengue
- Urinary Tract Infection
- Urine and Stomach Issues
- Pneumonia
- Aches & Pains
- Chronic obstructive pulmonary disease (COPD)
- Tiredness/Fatigue Issue

Languages Spoken

- English
- Marathi
- Hindi
- Kannada

Awards & Achievements

- Speaker and Chairperson: International Diabetes Summit (IDS) 2020, 2021, 2022, 2023, 2024, 2025.

Talks & Publications

- Author of the chapter “Managing Glycemic Emergency” in the book Handbook of Inpatient Glucose Management.
- Co-author of the chapter “Role of Inflammatory Markers—CRP, IL-6, D-Dimer, Serum Ferritin, and LDH in COVID-19 With or Without Diabetes” in the book COVID-19 and Diabetes.
- Contributed to multiple publications in various national and international journals.